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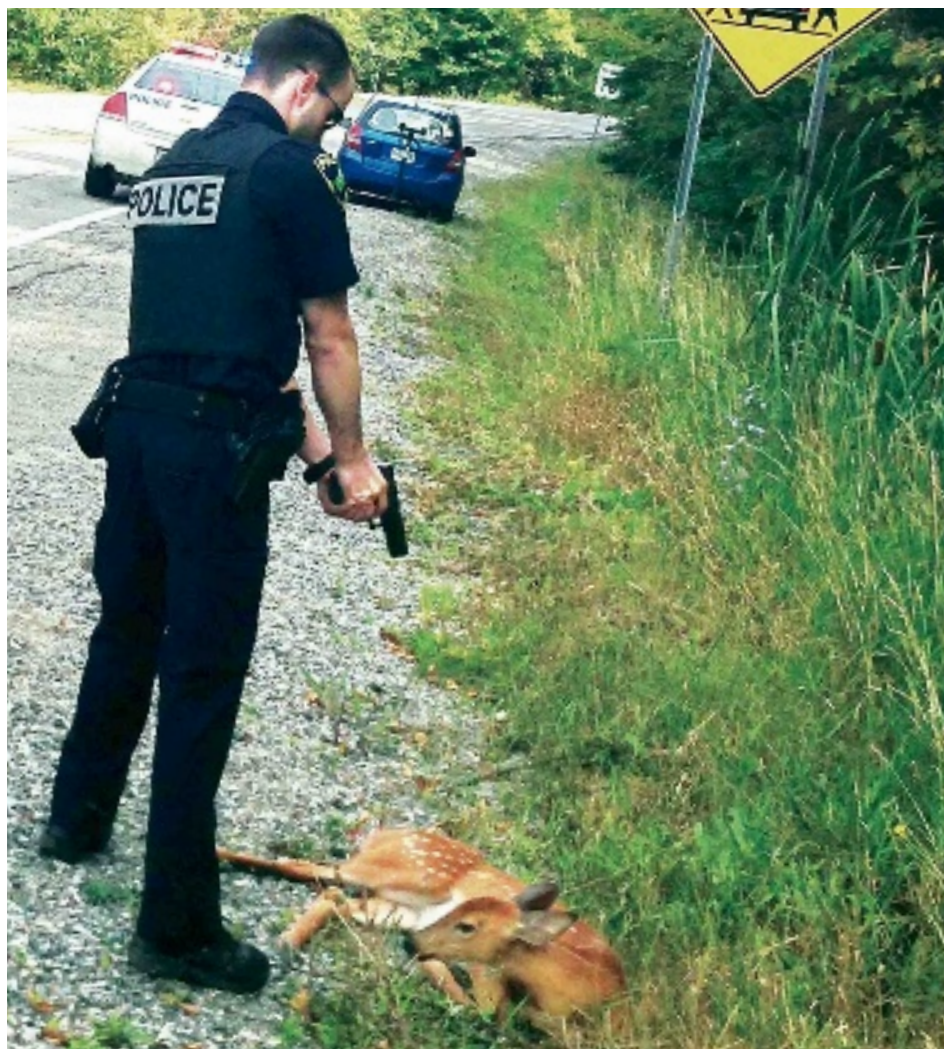
G20 cop's assault conviction hailed as victory for hundreds of protesters arrested during summit **PAGE 17**

Notorious nine release book about the inside

Ex-Hutterite colony members describe 'a system that ruins people' **PAGE 14**

NOT SO INSIDIOUS

REEL GUYS SAY CONFUSING PLOT, CLUNKY DIALOGUE DIMINISH THE SCARES IN INSIDIOUS: CHAPTER 2 **PAGE 21**

BIEBER
FREELIVE
88.5fm

A police officer prepares to euthanize an injured deer Monday. COURTESY GREG SEARLE

Did this deer have to die?

Chelsea. Resident says attempt to save deer led to impound yard; police say they were just doing their job



STEVE
COLLINS
ottawa@metronews.ca

A Chelsea man says he was trying to help an injured deer before a run-in with a local police officer left the animal dead and his truck impounded.

Greg Searle was driving on Route 105 and near home when he saw a young deer on the road, seemingly unable to use its hind legs.

"The woman in front of me had hit it, and so I carried it off the road," he said. "It was kind of kicking and still alive."

He called his wife Samantha Biron, who arrived with their six-year-old daughter Ashiah in tow. They were on their cell-

Quoted

"I kind of felt that was a bit vengeful of him, perhaps, even though it was legal."

Greg Searle, on having his vehicle impounded for an expired licence plate sticker by the police officer after the officer shot the deer.

phones trying to contact a vet when a police officer arrived on the scene and said the animal had to be put down, according to Searle.

An argument ensued, Searle says, adding that when Biron refused to get out of the way to let the officer shoot the deer, he threatened to arrest her. She left with Ashiah and the policeman killed the animal.

Searle says that on his way home, the same officer pulled him over for having an expired licence plate sticker and impounded his vehicle.

"Yeah, sure that's the law, but I was actually on a country road a couple hundred metres from my house and he could have just let me park it and go

get a new sticker for the plate," he said. "I kind of felt that was a bit vengeful of him, perhaps, even though it was legal."

The MRC des Collines-de-l'Outaouais police did not return calls Thursday. In an interview with Quebec newspaper the Low Down to Hull and Back, the force's spokesman Martin Fournel said the officer couldn't legally allow Searle and Biron to drive off with the animal.

Fournel told the paper police are empowered to end an animal's suffering and the constable made a judgment call. Fournel also told the Low Down the impounding of Searle's vehicle was simply the officer doing his job.



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Investigation

Bank heist crooks make off with a bundle of money

Ottawa police are investigating a Thursday morning bank robbery on the 1700 block of Hazeldean Road. Two male suspects, one armed with a pistol, forced their way into the bank around 7:30 a.m. and fled with an undisclosed amount of cash to a vehicle, which was later found by police. **STEVE COLLINS/FOR METRO**

Augusta Street

Man charged in Lowertown sex assault

Police charged an Ottawa man in a sexual assault on Augusta Street in Lowertown Wednesday. The victim also complained of ongoing harassment. Michael Paul Ryan, 48, is charged with sexual assault, criminal harassment, break and enter with intent, threats and mischief under \$5,000. He was to appear in court Thursday.

STEVE COLLINS/FOR METRO

Search is on

Cops hunt knife toting bandit

Police are seeking an Ottawa man in the Aug. 6 knife-point robbery of a Woodroffe Avenue smoke shop and an unrelated assault and property damage investigation. Mitchell Kelly, 27, is wanted on several charges including mischief under \$5,000.

METRO

Students upset over O-Train shutdown

A proposal to suspend O-Train service to Carleton University on weekends from October to December to construct a new parking garage is likely to be approved next Wednesday. Yet the idea has some student groups upset.

"We pay a really high price for our U-Pass and now we're seeing cuts to service," said Lauren Montgomery, vice president of the university's Graduate Students' Association. Ottawa's OC Transpo U-Pass costs \$185. The average Canadian price is \$117, she said.

Many students use labs or the library on weekends, or travel from on-campus housing to nearby grocery stores, she said.

Construction of the \$22.5 million, three-story, four

level garage over the summer was set to put in place a solid, eight-metre-tall, 100-metre-long shell around the O-Train track to allow the train to pass freely as work continued until May 2014 above. The school even asked and got permission from the city June 12 to work around the clock to get it done for the resumption of O-Train service

Sept. 3 after summer track improvements.

Now the work will start Oct. 12 and is expected to run until Dec. 29. An estimated 1,800 trips will be disrupted on Saturdays and 1,100 on Sundays. The school told the city it will pay \$138,000 for an OC Transpo bus along a route similar to the train.

GRAHAM LANKTREE/METRO

OC Transpo's safety issues get put on hold

Driver safety. City transit was reprimanded in a ruling which said the company needs to come up with a 'workplace violence prevention program'



JOE LOFARO
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The Occupational Health and Safety Tribunal of Canada has granted the City of Ottawa a stay on an order and directions from the federal government to ensure OC Transpo buses are a safe working environment.

The decision stems from a complaint from a city bus driver who was injured on the job.

On July 5, OC Transpo was reprimanded in a ruling by Human Resources and Skills Development Canada which said the company needs to come



A city bus heads east on Slater Street Thursday. The Occupational Health and Safety Tribunal of Canada has granted the City of Ottawa a stay on an order and directions from the federal government to ensure OC Transpo buses are a safe working environment. SEAN MCKIBBON/METRO

up with a "workplace violence prevention program," after it found conditions for drivers unsafe. The ruling came out of a complaint filed by driver Norm MacDuff after he was punched by a passenger on March 26 for questioning an expired transfer.

The city had until Aug.

30 to introduce changes to ensure bus operation was a safe activity. On Aug. 29, the tribunal heard the city's stay application and granted the request.

"This decision means that no further enforcement action can be taken by the HRSDC officer until such time as the

City's appeal of his orders/directions is heard, likely later this year," said Rick O'Connor, city solicitor, in a memo to city staff.

"Notwithstanding this, Transit Services staff will continue their ongoing efforts to ensure the safety and security of bus operators."

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Past to present, space to sky

Wings Over Gatineau-Ottawa Air Show.

Superstar astronaut Chris Hadfield will be at the weekend-long event off Highway 50

Pieces of Canada's aviation history from the Second World War to the Korean War and beyond will fly Gatineau's skies in formation this weekend at the vintage Wings Over Gatineau-Ottawa Air Show.

"It was an invitation that was a dream come true," said Maj. Jeremy Hansen, a CF-18 fighter pilot and astronaut in training, who will fly the RCAF's Golden Hawk F-86 Sabre, a single-seater jet that hails from the Korean War.

"It just flies so beautifully," said Maj. Hansen as he stepped from a test flight

Thursday.

He said that when he attended Canada's Royal Military College in Kingston he used to imagine flying one that is on display at the school.

"I used to look at it and think about how amazing that would be," he added.

"If you follow your dreams or passions, you can make an important contribution to Canada."

Astronaut Chris Hadfield will be at the weekend-long event Sunday as an expected 30,000 people get up close to the legendary aircraft. Aerial demonstrations of the plane will also be a showcase event during the weekend.

Check out dozens of restored planes from the collection this weekend from Sept. 14 to 15. The show takes place at the Gatineau Airport off of Highway 50. Tickets are \$20 each. **GRAHAM LANKTREE/METRO**



1 Korean War

RCAF's Golden Hawk F-86 Sabre, a single-seater jet that hails from the Korean War.

2 Lift and load

Workers get ready for the Wings Over Gatineau-Ottawa Air Show.

3 Walking on wings

Acrobats Carol Pilon and Marcus Paine prepare for an aerial display of wing walking.

4 Top people and planes

Mayor Marc Bureau, Vintage Wings of Canada founder Michael Potter and Canadian astronaut Maj. Jeremy Hansen pose for a photo at the announcement of the air show's lineup for this weekend.

PHOTOS BY GRAHAM LANKTREE/METRO

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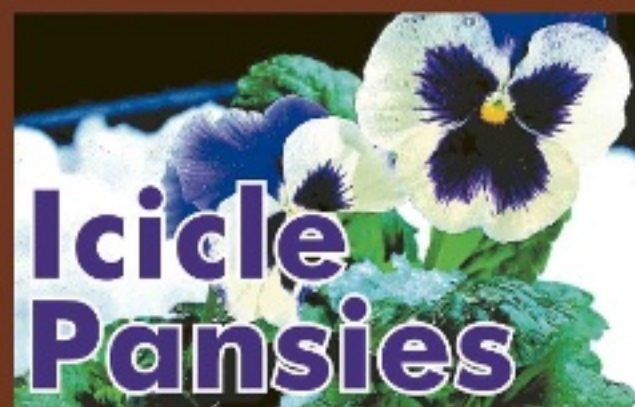


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Jessica McCormick, national chairperson of the Canadian Federation of Students, says it's time for the federal government to develop a national strategy to lower rising tuition fees across Canada. CONTRIBUTED

Strategy needed to lower tuition: CFS

Not making the grade. Canada only OECD country without a plan, says CFS chair



JOE
LOFARO
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The Canadian Federation of Students (CFS) is calling on the federal government to come up with a national strategy to lower the rising cost of tuition fees, which have tripled since 1990, according to an Ottawa-based think-tank.

Jessica McCormick, chairperson for the CFS, said she wasn't surprised when the Canadian Centre for Policy Alternatives (CCPA) released a study Wednesday that says tuition fees will rise by 13 per

cent over the next four years.

"These numbers really underscore the need for steps to be taken by provincial and federal governments to address rising tuition fees," said McCormick.

Ontario has the highest tuition fees in Canada, according to the Degrees of Uncertainty: Navigating the Changing Terrain of University Finance report. The 41-page report said tuition in Ontario is expected to rise from \$8,403 this fall to \$9,517 in 2016-17.

Newfoundland and Labrador is by far the cheapest province for students, who are expected to pay \$2,886 in 2016-17, up from \$2,872 today.

McCormick said she chose to study at Memorial University in Newfoundland and Labrador after she graduated from

Quoted

"This generation will be worse off than the one that came before us."

Jessica McCormick, chairperson of the Canadian Federation of Students

high school in 2006 because it would have been too expensive to study close to home at Nova Scotia's Cape Breton University.

"Right now we're one of the only OECD countries that doesn't have a national strategy for post-secondary education," said McCormick.

"(We need to ensure) that there are some levels of accountability to ensure that the provinces are investing in post-secondary education with that money through the Canada Social Transfer."

Simple luxury steals spotlight

Ottawa Fashion Week will kick off Friday night with the simple monochromatic, yet cozy elegance of Lucian Matis' fall and winter collection.

Featuring constructed, almost rigid, yet luxurious silhouettes, Matis pieces are at once artistic and wearable.

"I was trying to experience different techniques," he said of his experiments in basket-woven fur, leather and posh felt fabrics.

Matis said his move to monochrome reflected a turbulent time in his personal life, when he craved simplicity.

His show starts at 9 p.m. at the Hilton Lac Leamy. **METRO**

Ottawa Fashion Week

Ottawa Fashion Week runs Friday through Sunday at the Lac-Leamy Casino in Gatineau. Visit ottawafestivals.ca for tickets.

• **Friday:** Joseph Ribkoff, Bernice & Barclay, Brit Wachter, Lucian Matis (Private Event), DARE, Zarucci by Nora Zabarah Pucci

• **Saturday:** Iman Nakhala, Kania, Julie Nesrallah, Jana & Emilia Design Studio, Naïke, Rachel Sin, Katherine Jeans, Beaucoup Fashion House, Y!D.N.A. by Andy Nguyen

• **Sunday:** Holt Renfrew, Alfred Marcel, Kavi Kavi, Elena Hinke, Copious, Helmer Joseph, Prophetik by Jeff Garner, Celebrity Show for Ottawa Regional Cancer Foundation



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Canada doesn't have a wireless competition problem: Report

Are we being gouged?
Study — funded in part by telecom firms — says Canadian users consume more data than those in U.S., U.K.



JOE LOFARO
joe.lofaro@metronews.ca

Canadians are wrong to presume the country has a problem with competition among wireless carriers, says a professor at the University of Calgary's School of Public Policy.

Professor Jeffrey Church was on Parliament Hill Thursday to tout the results of a new study, *Wireless Competition in Canada: An Assessment*, which he co-authored with Andrew Wilkins from the School's Digital Economy Program.

Mobile customers and critics of Canada's wireless landscape have been complaining for years that Canadians are being gouged by the "Big Three" (Rogers, Bell and Telus), mobile contracts are too expensive and that more entrants, whether domestic or foreign companies, would level the playing field and foster more competition.

"The reality is, if you look

at Rogers' profitability, Rogers' profitability is not consistent with market power, it's not consistent with gouging. It's consistent with our prices actually tracking costs," said Church. "That's the problem."

Church said the study shows that Canadians are consuming more mobile data than ever before and it is driving prices up compared to other countries. To help illustrate this, the report included 2012 data from Cisco, which shows Canadian mobile subscribers consume more data per month than those in countries like the U.S., the U.K. and Australia.

Church also says he has

a problem with the federal government subsidizing new entrants and it is "misguided" in its plan to have four mobile carriers in every region in Canada.

Church emphasized that although the Digital Economy Program receives donations from the private sector — including telecom companies — protocols are in place to ensure the research is not influenced by outside interests, he said.

"The research has to be impartial, and independent, and peer-reviewed appropriately," he said.

The full report is available at policyschool.ucalgary.ca.



Professor Jeffrey Church of the University of Calgary speaks to reporters Thursday about a new report which assesses wireless competition in Canada. JOE LOFARO/METRO

Ont. hospital uses Quebec controversy as hiring tool



A poster for Lakeridge Health is shown in this undated handout photo. The Ontario hospital is turning Quebec's proposed restrictions on religious clothing into an opportunity to recruit workers. LAKERIDGE HEALTH/THE CANADIAN PRESS

An Ontario hospital is turning Quebec's proposed restrictions on religious clothing in the public sector into a recruiting drive.

Lakeridge Health in Oshawa, Ont., is putting out an ad on social media and in Montreal's McGill student newspaper seeking doctors and nurses.

The poster depicts a woman wearing a hijab and a stethoscope with the slogan, "We don't care what's on your head, we care

what's in it."

The hospital wants to let Quebec's health professionals know there's a great hospital in the Greater Toronto Area that wants them, said hospital spokesman Aaron Lazarus.

Lakeridge has about 230 vacant positions — particularly in nursing — and is hiring about 20 to 60 people a month.

One of Ontario's longest serving MPPs tabled a symbolic motion that calls

on the legislature to oppose any bill to restrict or prohibit freedom of expression and religion in public places.

Monte Kwinter, who is Jewish, said Canada's most populous province must assure the world that it would never contemplate legislation like Quebec's charter.

Quebec's proposed "values charter" would prohibit hospital workers and other public sector workers from wearing religious clothing

like hijabs, kippas and turbans in the workplace.

Kwinter said there was a mass movement of Quebec's Jewish community to Ontario when the PQ were in power 30 years ago because they were concerned about what was happening in Quebec.

While polls indicate that most respondents in Quebec support the legislation, it's sparked a contentious debate elsewhere in Canada.

THE CANADIAN PRESS

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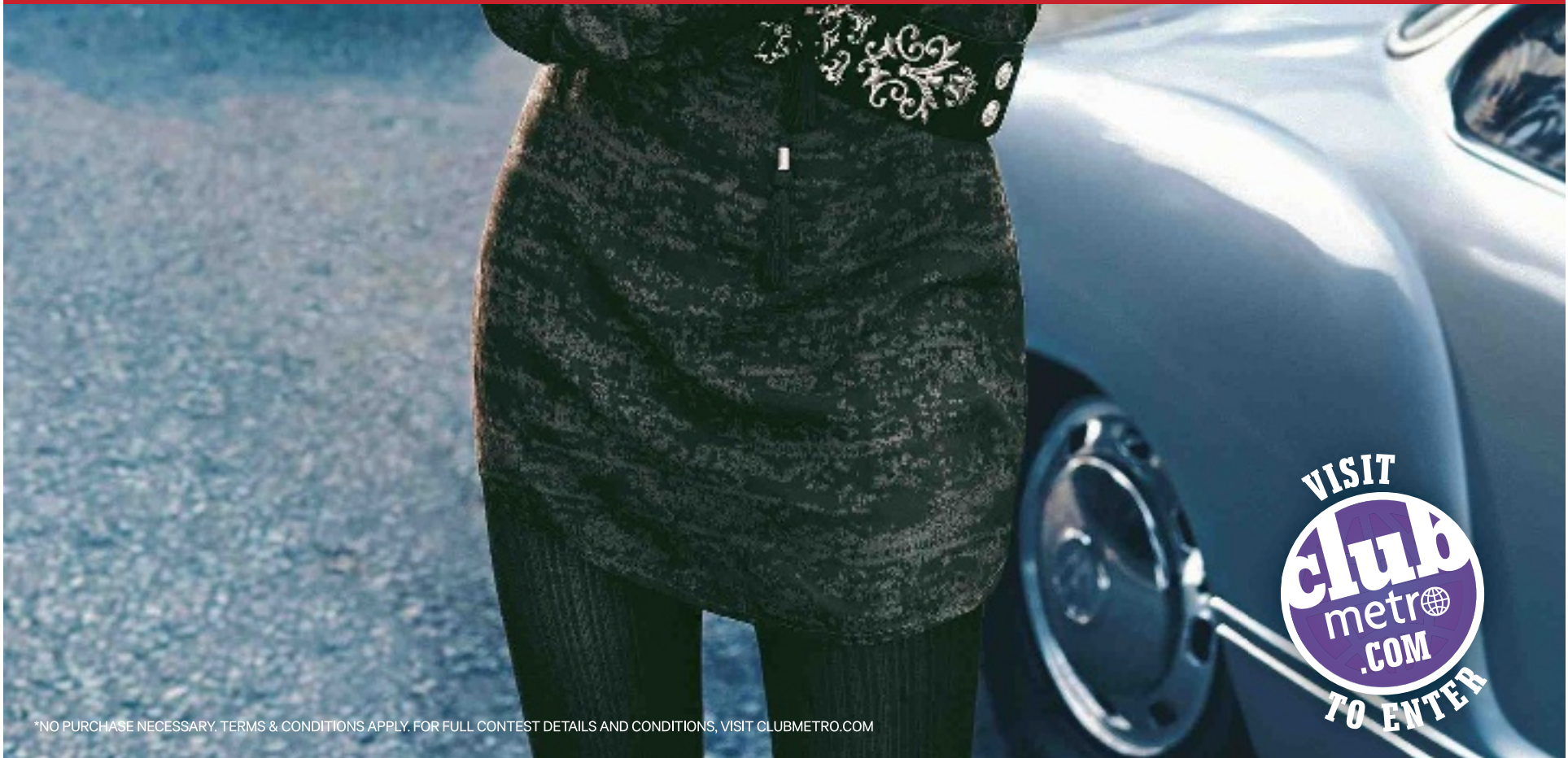
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Sons of Anarchy star Charlie Hunnam has had to delay an appearance in Hawkesbury till January.
FREDERICK M. BROWN/GETTY IMAGES FILE

Grey film shoot sure to leave fans blue

Hawkesbury. Work on *Fifty Shades of Grey* forces *Sons of Anarchy*'s Charlie Hunnam to delay local meet-and-greet

Sons of Anarchy star Charlie Hunnam has had to reschedule his planned appearance in Hawkesbury this weekend — seems he's all tied up with shooting *Fifty Shades of Grey*.

Hunnam, who plays *Sons of Anarchy* Motorcycle Club Redwood Original (SAMCRO) president Jax Teller on the FX

series, was supposed to take part in a VIP meet-and-greet event Saturday at Goulet Motorsports, as well as a motorcycle ride and barbecue Sunday. However, according to a note put up late Thursday on the Harley Davidson dealership's website, the actor's new work commitment trumps the local appearance.

"For those of you who purchased tickets for the evening with Jax (Saturday, Sept. 14), the event has been postponed until Jan. 18 and 19. This change is due to the fact that Charlie Hunnam was cast as Christian Grey in the *Fifty Shades of Grey*

movie in which filming starts this weekend," the notice reads.

The \$250-a-person event is a partnership between Goulet Motorsports and Full Throttle Events. It was sold out and followed similar visits from former *Sons* cast member Ryan Hurst (Opie) in March and current cast member Tommy Flanagan (Chibs) in June.

Hunnam, 33, was to be at Goulet Motorsports Saturday from 5 to 10 p.m. for a meet-and-greet, autograph signing and dinner under a big tent outdoors.

**THERESA FRITZ/
METROLAND NEWS SERVICE**

X-Files extravaganza. The truth will be out there in Orleans after all

The X-Files party that almost didn't happen in Orleans will now take place at the South Fallingbrook Comm Centre on Friday at 8 p.m., not far from the now-famous Ottawa intersection of streets named Mulder and Scully.

The event, organized by UsedOttawa.com, is also getting a boost from Ten Thirteen Productions, the L.A. company behind *The X-Files*, and show creator Chris Carter.

Ten Thirteen says it will pay for partygoers to enjoy several bags of sunflower seeds, Agent Fox Mulder's favourite snack.

The event had to be moved after local residents raised con-



Gillian Anderson and David Duchovny's performances on *The X-Files* are still resonating with local fans. THE ASSOCIATED PRESS FILE

cerns about crowding on the street.
METRO

Aylmer

3 teens accused in break-ins

A trio of Gatineau teens have been charged for a series of break-ins in Aylmer that allegedly saw them urinate on the walls of homes before they made off with other people's belongings.

Police say the thefts happened at five Aylmer homes from Aug. 16 to Sept. 2.

The youngest of the suspects is 13 years old and the other two are 14. They face charges of break-and-enter, mischief and breach of undertaking in juvenile court.

Two of them have been released from custody, with one confined to house arrest. **GRAHAM LANKTREE/METRO**

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Rally seeks to remind country of rape culture beyond SMU

Wider discourse. SMU got caught with chant, but does not own the problem, poet declares



ALY THOMSON
For Metro in Halifax

An organizer of a rally promoting consensual sex at Saint Mary's University in Halifax says the attitudes on campus surrounding rape and equality need to change.

The rally came after the scandal caused by a frosh event in which hundreds of students took part in a chant that glorified the rape of underage girls.

Roughly 150 people attended Thursday's rally.

Lewis Rendell, 20, said she hoped the incident would spark a wider discussion about rape culture.

Before reading an impassioned poem about a rape victim, Halifax poet laureate El Jones declared that "the problem doesn't belong to SMU."

"SMU didn't create rape culture," Jones told the crowd. "SMU got caught, but everybody else has been doing it."

The chant prompted the resignation of the president of the SMU Students' Association.

According to the university, two student organizers are facing disciplinary action and roughly 80 student leaders will undergo sensitivity training.

Rendell, a board member of the SMU Women's Centre, added that the rally was also protesting the administration's response to the scandal.

A spokesman for SMU said in an email that the school is working with the centre to strengthen their relationship. Steve Proctor said a member of the centre has agreed to sit on the President's Council.

Best practices

Universities watch and take notes

James Sanford, executive director of student services at Acadia University in Wolfville, N.S., said he expects many school administrators are closely watching Saint Mary's.

Ryan Flanagan, director of student affairs at Carleton University in Ottawa, said the administration became more involved in orientation after student-leadership concerns in 2010.

"If student associations are going to run it, I think you're taking on a risk," he said. **THE CANADIAN PRESS**



Protesters gather in the SMU quad Thursday to voice their displeasure with a frosh-week chant. JEFF HARPER/METRO IN HALIFAX

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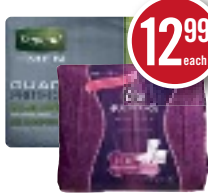
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Semantics. Nude bike pitch alters city bylaw

A case of two women wanting a parade permit to ride naked through Winnipeg last year has led to a change in a city bylaw.

On Thursday, Winnipeg Police Service officials spoke in favour of amending a traffic bylaw to include bicyclists as well as pedestrians in the definition of a parade.

Patrol Sgt. Kevin Cisaroski, the police's special events co-ordinator, said the bylaw "didn't address bicyclists at all."

He said that exclusion prevented police from having the authority to issue parade permits for cyclists, meaning bikes had to continue to abide by the Highway Traffic Act, with no side-by-side riding and the required stopping at red lights and stop signs.

As for the naked ride, a permit was not issued, and "it still isn't allowed," said Cisaroski. **BERNICE PONTANILLA/METRO IN WINNIPEG**

Ex-Hutterites pen book alleging corruption, sexism, puny wages



From left, Darlene and her husband Titus Waldner, Glenda Maendel and Karen Waldner are four of the nine former Hutterite colony members from Manitoba and North Dakota who've written a tell-all book. **SHANE GIBSON/METRO IN WINNIPEG**

Hutterites: Our Story to Freedom. Co-author says the system debases the wonderful colonists



SHANE GIBSON
Metro in Winnipeg

A group of former Hutterite colony members from Manitoba and North Dakota are peeling back the veil on the societies traditionally closed off to the modern world.

Seven years after each individually decided to escape — a move that has caused their communities and much of their families to shun them — the group of nine has published a tell-all account of their sheltered lives.

"This is actually exposing the Hutterites," explained Glenda Maendel, adding their book was written as much for those still living in colonies

Allegations

"The mindset you had there was that everything is evil out here and you'd go to hell if you leave the colony."

Co-author Glenda Maendel

as it was for those on the outside.

"The mindset you had there was that everything is evil out here and you'd go to hell if you leave the colony."

"It's for people to see that there is hope and freedom out there."

Hutterites: Our Story to Freedom was released in August, and each of the former members takes a chapter to tell their personal story. The accounts describe a corrupt system of sexism, favouritism and unfair wages, in which members work for \$3 to 5 a month while the colony coffers grow.

"We love the Hutterite people, but it's the system

that ruins the people," said Maendel.

The book also looks at the struggles each of the nine went through after leaving their communities for a new world with nothing but the clothes on their backs.

"It took years to adjust," said another of the authors, Titus Waldner.

"Inside the colony you're not invited to express yourself as an individual.... To come out of that and now just start being open and sharing and know who you are as a person — it doesn't happen overnight."

For more information on the book or to order a copy go to thenine9.com.



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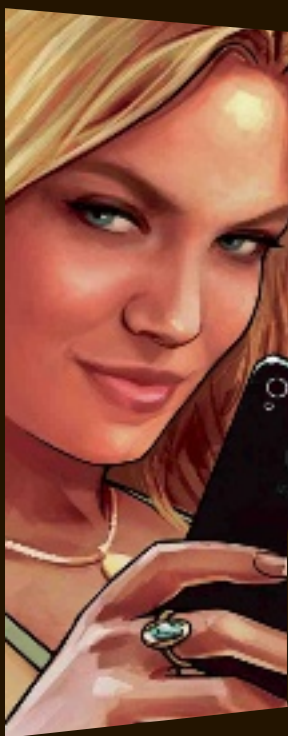
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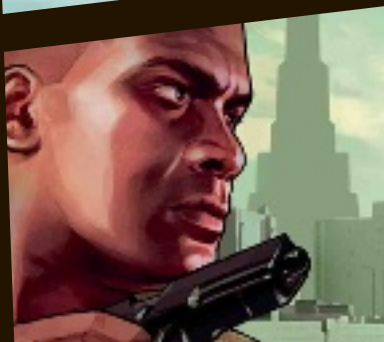
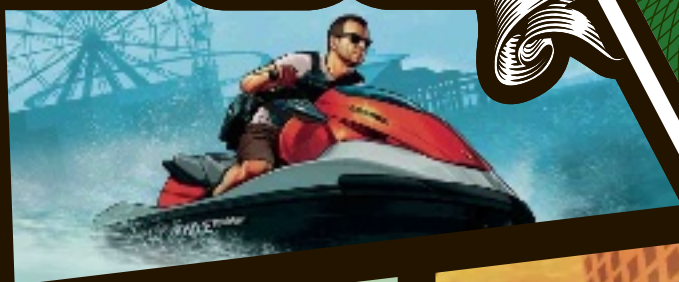
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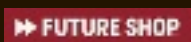
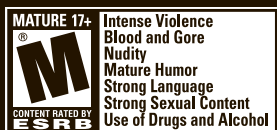




Grand Theft Auto V



SEPTEMBER 17



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DEA: 30 kilos of cocaine headed for Alberta town

Seven charged. Most accused believed to be members of a Mexican Mennonite community with ties to infamous Juarez drug cartel



JEREMY NOLAÏS
Metro in Calgary

American drug-enforcement officers allege a southeast Alberta hamlet was the destination for a haul of cocaine being moved through a pipeline involving the Mennonite community and a notorious Mexican cartel.

The Drug Enforcement Administration (DEA) laid charges against seven people in relation to the alleged trafficking operation this week. It's believed all but one of the accused were members of a Mexican Mennonite community in the state of Chihuahua and had direct links to the Juarez drug cartel, widely considered to be one of

the most brutal criminal organizations in the world.

The drug bust involved 11,000 pounds of marijuana that agents believe was to be distributed to various states in the U.S. and 30 kilograms of cocaine that DEA Assistant Special Agent in Charge Kevin Merrill said was bound for Grassy Lake, Alta., a small hamlet located about an hour east of Lethbridge.

"We had targets that we had identified through phone records that they were talking to up there," he said, adding more charges in connection with the drug bust were possible.

Merrill indicated his organization worked with Canadian authorities, but a request for comment from RCMP's federal communications office had not been returned at press time.

Mennonites are members of a church that has been around for nearly 500 years, according to a national website.

"Today, you won't recognize most Mennonites by how they dress," the posting reads. "But you will find vibrant Mennon-

Quoted

"Bad economy, people have got to make money somehow."

Peter, a Grassy Lake business owner who asked his last name be withheld

ite congregations through rural areas, small towns and large cities across Canada and throughout the world."

Southeastern Alberta in particular became a common migration point for Mennonites from Mexico and Bolivia in the 1990s. According to 2001 census data, the total Mennonite population in Alberta was 22,785 and in some smaller towns and hamlets, including Grassy Lake, the community can account for up to three quarters of the population.

Merrill said Mexican cartels tend to rely on family ties or close friends when it comes to their trafficking operations because, "It limits the number of people, if they get arrested, that will co-operate against them."



Outrage in Kashmir

Indian policemen detain Kashmiri supporters of the Awami Ittehad Party during a protest against a fatal paramilitary shooting in the disputed territory in Srinagar, India, Thursday. Shopian District Deputy Commissioner Bashir Ahmed Bhat said a man was killed Wednesday when forces fired pellets at protesters. Residents insist the troops were firing bullets at the crowd protesting near a police camp about 50 kilometres south of Srinagar. MUKHTAR KHAN/THE ASSOCIATED PRESS

Charges possible

Cyberbullied Florida teen commits suicide

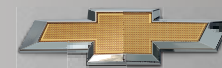
A 12-year-old girl committed suicide after she was bullied online by more than a dozen girls, and a sheriff said Thursday he's investigating filing charges under a Florida cyberbullying law.

Sheriff Grady Judd said that Rebecca Ann Sedwick jumped to her death on Monday. Investigators say the girl was despondent after others had posted hate messages about her online. Sedwick was "absolutely terrorized on social media," Judd said.

The Lakeland Ledger reports detectives found social media applications where Sedwick was bullied with messages, including "Go kill yourself" and "Why are you still alive?" Judd said parents of all 15 girls have co-operated with detectives and several cellphones and laptops have been confiscated. Judd said charges could be filed.

THE ASSOCIATED PRESS

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Toronto cop guilty of assault with a weapon

G20. Judge said the officer was trying to 'justify his blows' when he claimed only to be responding to resistance

The criminal conviction of a Toronto police officer for assaulting a protester during the G20 summit three years ago is being hailed as a victory for the hundreds of demonstrators who were rounded up and arrested that weekend.

Const. Babak Andalib-Goortani was convicted Thursday of assault with a weapon after a judge found



Assault victim Adam Nobody
ALLISON JONES/THE CANADIAN PRESS

he used excessive force during the arrest of protester Adam Nobody on June 26,

2010, at the legislature.

Andalib-Goortani didn't need to forcefully jab Nobody with his baton several times as his fellow officers were trying to cuff the man, Ontario Superior Court Judge Louise Botham found.

"A police officer is not entitled to use unlimited force to affect an arrest," she said.

Video of Nobody's arrest shows him on the ground with officers piled on top of him. Andalib-Goortani's explanation "that he was responding to Adam Nobody's resistance is nothing more than an after-the-fact attempt to justify his blows," said the judge. Nobody clapped as the verdict was announced.

A sentencing hearing is set for Nov. 8. **THE CANADIAN PRESS**

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Telecom. Vodafone UK CEO to head up Rogers

The chief executive of U.K.-based Vodafone Group has been hired as the new president and CEO of Toronto's Rogers Communications Inc. and plans to take over just ahead of a wireless auction that will see Canada's telecom companies compete for radio waves to expand their cellphone networks.

Guy Laurence, 52, will take over in December as the top executive of Rogers, one of Canada's largest communications companies and its biggest wireless provider with about 10 mil-



Guy Laurence
COURTESY ROGERS

lion customers.

He succeeds Nadir Mohamed, who had previously announced his retirement as the head of the wireless, cable and media company.

Canaccord Genuity analyst Dvai Ghose said Laurence will need to both grow the wireless customer business and improve customer service. **THE CANADIAN PRESS**

Biometrics. iPhone hype may benefit Canuck firm

Karl Martin was thrilled when Apple officially unveiled the fingerprint-reading technology that's built into the new iPhone 5S — even though it could be perceived as competition for his Toronto-based business.

He's hoping the hype around fingerprint scanning will create excitement around other biometrics technologies, including the Nymi, his company's bracelet that promises to read a user's heart rhythm and use it as a form of authentication.



Nymi devices, made by Toronto-based Bionym, read a user's heart rhythm for identification purposes.

COURTESY BIONYM

that could replace online passwords, keys and other security measures.

Bionym is currently taking pre-orders for the device, expected to be released next spring, for \$79. The device takes an electrocardiogram when a user wearing it on their wrist touches it with their opposite hand. Martin, CEO of Bionym, says a cardiac rhythm is as unique as a fingerprint, so the device could be used to confirm a person's identity. **THE CANADIAN PRESS**

Transparency issue

Pants problem lowers Lululemon profit outlook

Lululemon Athletica is lowering its 2013 profit and revenue outlook as efforts to improve the quality of its black Luon yoga pants have delayed the delivery of fall products to stores. The company pulled the pants from store shelves this spring because they were found to be see-through.

THE CANADIAN PRESS

Tech turnaround

Yahoo claims to have 800M users

Yahoo CEO Marissa Mayer says the Internet company now has about 800 million worldwide users, a 20-percent increase since she was lured away from Google 15 months ago to steer a turnaround. The gain disclosed Wednesday at a technology conference in San Francisco is the latest evidence of the progress that Yahoo is making under Mayer's leadership. **THE ASSOCIATED PRESS**

Social media

Twitter files IPO documents

Twitter is going public. The micro-messaging service says it has filed confidential documents for an initial public offering of stock. The firm posted on its own Twitter account that it has "confidentially submitted an S-1 to the SEC for a planned IPO." Twitter's IPO has been long expected. The firm has been ramping up its advertising products and working to boost ad revenue. **THE ASSOCIATED PRESS**



Josh Baldonado, an administrative assistant at Brown & Brown Insurance, works at a treadmill desk at the firm's offices in Carmel, Ind. Workers sign up for 30 slots on the treadmills and have their phone and computer transferred to the workstations. **MICHAEL CONROY/THE ASSOCIATED PRESS**

Run the rat race from your desk

On the move. Growing number of employees are standing, walking, cycling through the day at active stations

Glued to your desk at work? Cross that off the list of excuses for not having the time to exercise.

A growing number of Americans are standing, walking and even cycling their way through the workday at treadmill desks, standup desks or other moving workstations. Others are forgoing chairs in favour of giant exercise balls to stay fit.

Walking on a treadmill while making phone calls and

sorting through emails means "being productive on two fronts," said Andrew Lockerbie, senior vice-president of benefits at Brown & Brown, a global insurance consulting firm.

Lockerbie can burn 350 calories a day walking about five to six kilometres on one of two treadmill desks that his company's Indianapolis, Ind., office purchased earlier this year.

"I'm in meetings and at my desk and on the phone all day," he said. "It's great to be able to have an option at my work to get some physical activity while I'm actually doing office stuff. You feel better, you get your blood moving, you think clearly."

It's been a decade since scientific studies began to show that too much sitting can lead

Setting the pace

- Treadmill desks designed for the workplace are normally set to move at about 1.6 to 3.2 km/h, enough to get the heart rate up but not too fast to distract from reading or talking on the phone comfortably.

to obesity and increase the risk of developing diabetes, high blood pressure and heart disease. Even going to the gym three times a week doesn't offset the harm of being sedentary for hours at a time, said Dr. James Levine, an endocrinologist at the Mayo Clinic.

THE ASSOCIATED PRESS

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BY GEORGE! WHAT A CURSE

Those lazy, hazy, crazy days of summer are over, and now it's time to pay attention. So, if you're wondering what to pay attention to...

1 Charter chowder. The Parti Québécois unveils its "charter of values," banning the wearing of religious symbols on the job for the province's civil servants. No burkas or turbans or yarmulkes, please. The charter has already claimed its first victim, MP Maria Mourani, who was kicked out of the Bloc Québécois caucus for daring to disagree with her fellow separatists, calling the charter a "political miscalculation." It is that, never mind what else it is.

2 iPhone. Apple unveils its latest iPhones to the usual media frenzy. One is "cheap," just under 100 bucks in the U.S., while the other is so expensive, it induces nosebleeds. But you can lock it with your fingerprint, so you'll never have to worry about forgetting your



THE METRO LIST
Paul Sullivan
metronews.ca

passcode as it comes permanently attached.

3 Hockey Night in Canada, almost. The boys of summer are still out there tearing up the grass, but the boys of winter are already back at the rink getting ready for a 1,230-game season that culminates on April 13, 2014, in the final game between the Dallas Stars and the Phoenix Coyotes. And then the playoffs begin. Are you ready for some, er, a lot of hockey?

4 Harry Potter sequel — NOT. Hollywood is rocking with the news that Harry Potter author J.K. Rowling is going to write her first screenplay about the world of wizards. Too bad it's about Fantastic Beasts and Where to Find Them, which really has nothing to do with Harry Potter, "the boy who lived," presumably to spawn a sequel... someday.

Rowling seems to have a perverse need to deny her millions of fans the one thing they do want. Curses! As in Avada Kedavra!

5 From Russia, with petulance. Russian President Vladimir Putin has the nerve to preach to America about being good global citizens and avoiding military action in Syria in an op-ed piece in the New York Times. His article has the unanticipated side-effect of doing what President Obama has never been able to do: Unite the fractious U.S. Congress. A Republican senator believes Ronald Reagan is turning over in his grave, while a Democratic senator said the article nearly made him vomit. No word on a sequel.

6 Ain't gonna study war no more. After flying 156 missions and helping to rescue 149 people, Prince William is retiring from his job as a U.K. military rescue chopper pilot after seven-and-a-half years. He will now shift his focus to rescuing endangered animals — he has recorded a video calling for an end to the ivory and rhino horns trade. Presumably his other hazardous duty will include getting up in the middle of the night to change the royal diapers on baby George.

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Twitter @TheMetroList



ZOOM

Vitruvian-style amphibian aims high



COURTESY NASA

Frog launches with NASA rocket

Frogs have been sautéed, baked and deep-fried. But not until the latest NASA moon launch has one ever been seen blasted by a rocket.

The likely unfortunate event occurred Sept. 6, when a frog got an unexpected front-row seat to the liftoff of NASA's lunar explorer, known as LADEE. When the rocket unleashed its 361,000 pounds of thrust, more than the spacecraft took off.

The moment was captured in an extraordinary photograph posted on NASA's website.

TORSTAR NEWS SERVICE

Soft landing?

"Currently, LADEE is doing well, but we're not certain about the frog's fate." NASA spokesman Allard Beutel

The image isn't altered

- NASA said the photo is authentic. It was taken by a remote NASA camera triggered by sound.
- NASA's mission is on its way to the moon. It will gather information about the lunar atmosphere, surface conditions and lunar dust.

Clickbait



ANDREW FIFIELD
andrew.fifield@metronews.ca

Instagram video may be the ideal destination for finding bad behaviour from unsavoury characters, but Vine remains the undisputed champion for weirdos and their typically hilarious but always high-concept gems.



ISTOCK

@Keelayjams:

Armed with a stable of celebrity cardboard cutouts and an absurd number of Motorola RAZRs, Keelayjams takes a small apartment and the streets of New York and turns them into an often surreal funhouse.

@Electrolemon:

Aside from running an infinitely re-

tweetable Twitter account, the "cover model for idiot magazine" also happens to be a reliably funny source for six-second skits.

@MarloMeekins:

The comedienne is likely as close as we get to a bona fide Vine celebrity, and it's a well-earned designation. She's an especially worthy follow if you're a fan of dogs in doctor costumes.

Twitter

@metropicks asked: .@ariannahuff redefines the office with naps, yoga, meditation. What perks do you want at work?

@Cavemanbiff: 3 day weekend!

@MTanzN: so piggy backing off the male run corp. that is google, they already did what you proclaim

@qendresa: healthy snacks such a fresh fruit bowl/tray every day would be nice

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:

Send us your comments: ottawalatters@metronews.ca

Letters

RE: Rape Not One Of The Three R's, says Paul Sullivan, published Sept. 12

"The tongue of the wise commends knowledge, but the mouth of the fool gushes folly." In wake of the "pro-rape chant" disgrace at SMU and UBC lately, it seems evident to me that universities have become hotbeds of foolishness, instead of the bastions of wisdom. I agree that the university leadership's reaction is one similar to the deer in headlights. They've long known that stupid behaviour such as this has been around the campus — it's only now that it gets widespread public attention outside that they act.

Roland Derksen, Vancouver

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Synopsis

Once again the story focuses on the Lambert family — wife Renai (Rose Byrne), husband Josh (Patrick Wilson), kids Dalton and Foster (Ty Simpkins and Andrew Astor) and grandma Lorraine (Barbara Hershey). After the haunting events of the first movie they have moved in an effort to put the past behind them. Unfortunately they can't escape the ghosts who are attracted to what Josh has — life! Increasingly terrifying encounters with spirits threatens not only Josh's safety but the safety of everyone who comes into contact with him.

• Richard: ●●●●●

• Mark: ●●●●●



Patrick Wilson stars in *Insidious: Chapter 2*. CONTRIBUTED

Reel Guys

RICHARD
CROUSE AND
MARK BRESLIN



Insidious: Chapter 2.
A confusing story and
clunky dialogue get
in the way of the
thrills and chills
in James Wan's film

Richard: Mark, jumping around in time and between the realm of the living and the great beyond, this story will be confusing to anyone who hasn't seen the original. But say what you will about the storytelling, no one else makes mainstream horror films like James Wan. Maybe it's best to think of *Insidious: Chapter 2* as like taking a walk through a haunted

house. The exhilaration comes from the scares, not the walk. Did it make your spine tingle?

Mark: No, Richard, I was too busy trying to decipher what was going on. My spine doesn't tingle when it's exhausted. I do think Wan was ambitious in juggling all those space and time plots, and his atmospherics were first rate. But I actually might criticize the acting here — there were a lot of clunky line readings. Lin Shaye, however, as the ghostly clairvoyant, steals the picture whenever she's onscreen. And Barbara Hershey? Hottest grandma ever!

RC: Ha! There may be the

odd clunky line reading, but with her delicate features and downturned mouth, Rose Byrne does shock face like no one else. I also liked Patrick Wilson. He looks like the clean-cut guy next door, but when he's inhabited by evil spirits, boy, does he get ornery! I also liked that it was a horror film that doesn't rely on gore to get a rise out of the audience. The plasma budget must have been practically zero, but what it lacks in gore it makes up for in smoke, shadows and eerie red doors.

MB: Yes, no gore; Wan has certainly moved on from *Saw*. But what you call shock face I might call overacting, and seeing Patrick Wilson cast against type is a bit of a mixed

blessing. But in the end, it's still a story about possession and hauntings, and we might just be at the saturation point of the genre. The creaky old house doesn't help. Someday someone's going to set a film like this in an airy modernist penthouse, illustrating the horrors of light and white leather sofas.

RC: And they'll call it *A Haunting at Ikea: The Mournful Tale of Billy the Wobbly Bookcase!* I think I'll stick to the old school creaky house with a dark basement for ghouls to hide in.

MB: Dark basements are scary, but so are balconies on the 40th floor. I'm not sure where I'd find the ghouls more dangerous!

2 SCENE

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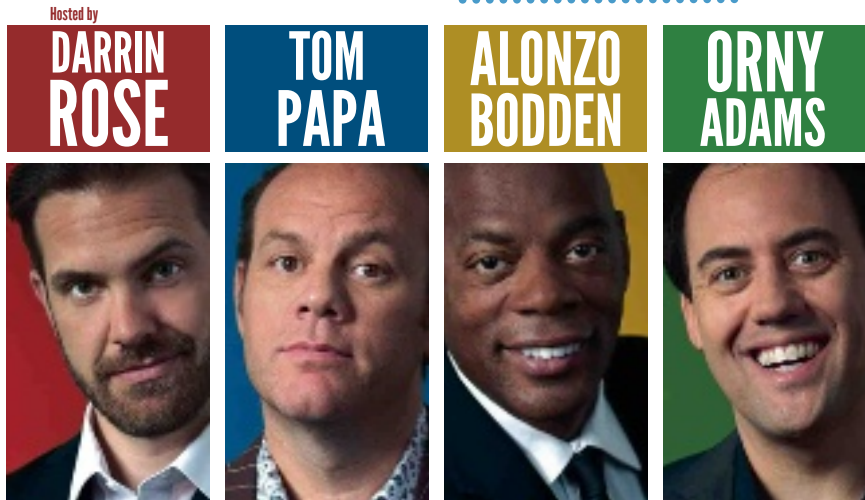
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8

Onscreen Nelson Mandelas



George Harris:
Prisoners of Conscience
(1981)

A familiar face from the Harry Potter and Indiana Jones franchises, Harris was the first English-language speaker to play Mandela, in an episode of this BBC political documentary series. Released while Mandela was still in prison, it's nearly impossible to find a copy of Prisoners of Conscience today.



Danny Glover:
Mandela (1987)

Airing three years before Mandela's release from prison, this HBO original film featured Lethal Weapon's Glover alongside Alfre Woodard as Winnie, chronicling his rise to prominence and incarceration. The high-profile film scored Glover an Emmy nomination.

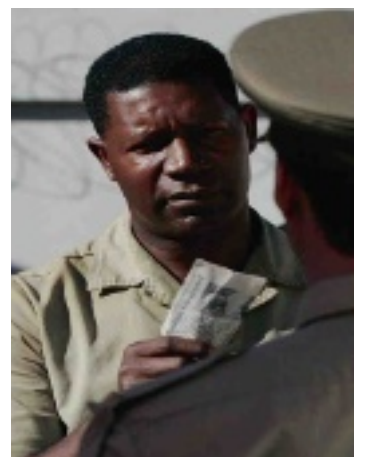
Sidney Poitier:
Mandela and de Klerk
(1997)

What a cast here: Academy Award-winner Poitier stars alongside Michael Caine (as South African president F.W. de Klerk). It details the behind-the-scenes negotiations that led to the legalization of the African National Congress — and Mandela's release. Like Glover, Poitier was nominated for an Emmy.



Dennis Haysbert:
Goodbye Bafana
(2007)

The president from 24 playing the president! Haysbert is pitted against Joseph Fiennes' racist prison guard, whose detail guarding Mandela brings about a change of heart.



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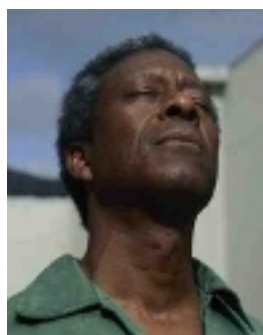
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f t i

Idris Elba's turn as Nelson Mandela in *Mandela: Long Walk to Freedom* made its big debut at the Toronto International Film Festival this month with clear awards aspirations. Elba is far from the first actor to take on Mandela's inspiring story — he's been portrayed on screen more than a dozen times — but he could be the first man to win an Oscar for playing him. Here's how some of his previous on-screen incarnations measured up.

NED EHRBAR
Metro World News in Hollywood



Clarke Peters: *Endgame* (2009)

The end of apartheid — and the behind-the-scenes negotiations that brought about its end — is examined again, this time with Mandela taking more of a supporting role. The Wire vet Peters, starring opposite William Hurt and Jonny Lee Miller of *Elementary*, embodies Mandela as his time in prison comes to an end.



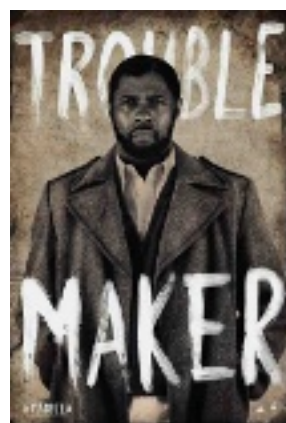
Morgan Freeman: *Invictus* (2009)

In the role he was destined to play, Freeman is Mandela as newly-elected president and attempts to unite post-Apartheid South Africa through a love of rugby. Freeman would be nominated for an Oscar, alongside co-star Matt Damon.



Terrence Howard: *Winnie* (2011)

Mandela's second wife Winnie Madikizela-Mandela is the star here, played by Jennifer Hudson. The film details her childhood, her own incarceration and struggles with adversity both during Mandela's imprisonment and afterward. Howard (*Iron Man*) plays Mandela as a charmbot.



Idris Elba: *Mandela: Long Walk to Freedom* (2013)

Expected to be the definitive biopic, this awards-hopeful follows Mandela from childhood to his first presidential inauguration — with *Skyfall* co-star Naomie Harris as Winnie. It's based on Mandela's own 1994 memoir. Stringer Bell for best actor?

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Finding the Canadian in Kurt

The Art of the Steal.

Jay Baruchel had a great time on set with co-star Kurt Russell



**RICHARD
CROUSE**
scene@metronews.ca

"You show up on set and you look over here and there's Kurt Russell and there's Terence Stamp," says Jay Baruchel of shooting his new film *The Art of the Steal*. "And you think, 'I have a pretty cool gig.'"

The heist film sees Kurt Russell and Matt Dillon as Crunch and Nicky Calhoun, brothers and art thieves who haven't worked together since Nicky snitched on Crunch and sent him to prison. Years later they team up to steal one of the world's rarest books, but will the job lead to more double-crossing?

Baruchel co-stars in this twisty-turny movie as Crunch's



The Art of the Steal opens in theatres next Friday. CONTRIBUTED

sidekick and protégé, which meant he got to spend a great deal of time with Russell.

"It's one of these things where if we didn't get along at all we would find a way to fake it but what really helped is that we were two Chatty Cathys. I would ask him every

conceivable thing. Every John Carpenter story. Stuff about *Tango and Cash*. Stuff about *Tombstone*, one of my very favourite movies of all time.

"He was cool to talk about all of it so whenever cut was called Kurt and I would go outside and have a cigarette and

talk. We talked about everything. We talked about politics. We talked about movies, sports. He's a Canadianophile as well, so the man has some real Canadian bona fides. So when it comes time to say action, there's an energy, a connection, a shorthand because we

enjoy one another's company.

"It can be faked, but it's way less fun and way more work."

Working with one of his heroes wasn't the only reason Baruchel signed on.

"Like any job I take, I look at the opportunity," he says. "I look at who I'm going to work with, what it's about and where it's going to be and would I pay money to see it. This checked every box on my criteria."

Chief among those yardsticks is a strong Canadian element. The actor is a vocal supporter of the homegrown industry who says, "We need to make more movies here that take place here and we will not hide our Canadian-ness."

The Art of the Steal fits the bill. It was shot in Niagara Falls, a place he calls "a very specific part of the world, equal parts gorgeous and seedy and strange and disarming. The whole thing is a back lot. You put a camera there anywhere and you have production value up your ass."

Action/Comedy



The Family

Director. Luc Besson

Stars. Robert De Niro, Michelle Pfeiffer

•••••

This fish-out-of-water story sees *The Manzonis*: Maggie (Michelle Pfeiffer), Belle (Diane Aron), Warren (John D'Leo) and father, hit-man-turned-stoolie Giovanni (Robert De Niro), in witness protection in Normandy. Overseen by an FBI handler (Tommy Lee Jones), they try and fit in. Trouble is, they don't blend. *The Family* is a Bobby D mob flick, so it isn't terrible, and co-star Michelle Pfeiffer, brings back fond memories of *Married to the Mob*, but the film teases us with visions of De Niro in gangster mode and lets us down with a paint-by-numbers story. **RICHARD CROUSE**



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THESE PAGES COVER MOVIE START TIMES FROM FRI., SEPT. 13 TO THURS., SEPT. 19 TIMES ARE SUBJECT TO CHANGE.

**Bytowne Cinema
325 Rideau St.**

The Angels' Share (14A) Sun 6:30 Tue 4:45
Wed 4:30 Approved for Adoption (STC)
Wed 7 The Attack (14A) Fri 7 Sat 2:30-9
Sun 4:15 Mon 4:45 Tue 7
Blackfish (PG) Fri 5 Sat 4:45 Sun 2:15
Cloudy With a Chance of Meatballs 2 (G)
Thu 6:15 Crystal Fairy (18A) Fri 9:15 Sat
6:45 Sun 8:45 Mon 7
The Secret Disco Revolution (STC) Mon-
Tue 9:10

**Coliseum Ottawa
3090 Carling Ave.**

Becoming Traviata (G) Sat 12:55
Elysium (14A) Fri-Sun 1:50-4:40-7:40-
10:25 Mon-Wed 5-7:35-10:20 Thu 1:20-
5-7:35-10:20
The Family (14A) Fri-Sun 12-2:40-5:20-
8-10:40 Mon-Wed 4:50-7:20-9:50 Thu
1:30-4:50-7:20-9:50
Insidious: Chapter 2 (14A) Fri-Sun 12:25-
3-5:35-8:10-10:45 Mon-Wed 5:35-8:10-
10:45 Thu 1:15-5:35-8:10-10:45
Kick-Ass 2 (14A) Fri-Thu 7:10-9:40
Lee Daniels' The Butler (14A) Fri-Sun
12:55-3:50-6:50-10 Mon-Thu 4:45-7:40-
10:40 Star & Strollers Screening Thu 1
The Mortal Instruments: City of Bones
(PG) Fri-Sun 1:15-7:15 Mon-Wed 7:45
Thu 1:10-7:45
Nothing Left to Fear (STC) Thu 7:30
One Direction: This Is Us - Extended Fan
Cut (STC) Fri-Sun 12:10 Thu 1:25
One Direction: This Is Us 3D - Extended
Fan Cut (STC) Fri-Sun 3:15-5:40-8:05-
10:30 Mon-Thu 5:40-8:05-10:30
Percy Jackson: Sea of Monsters (PG) Fri-
Sun 1:05 Thu 1:20
Percy Jackson: Sea of Monsters 3D (PG)
Fri-Sat 3:40-6:30-9:30 Sun 3:40-6:30 Mon-
Thu 5:20-7:55-10:25
Riddick (14A) Fri-Sun 1:10-2:10-4-5-7:20-
7:50-10:10-10:40 Mon-Wed 5:05-7:15-
7:50-10:10-10:40 Thu 1:15-5:05-7:15-7:50-
10:10-10:40
The Smurfs 2 (G) Fri-Sun 1:40-4:20 Mon-
Wed 4:45 Thu 1:30-4:45
We're the Millers (14A) Fri-Sun 2:20-5:10-
7:45-10:35 Mon-Thu 5:30-8-10:35 Star &
Strollers Screening Thu 1
The Wolverine (PG) Fri-Sun 4:10-10:20
Mon-Thu 4:55-10:35
The World's End (14A) Fri 1:25-4:05-6:40-
9:20 Sat 4:05-6:40-9:20 Sun 1:25-4:05-9:20
Mon-Wed 4:55-7:20-9:55 Thu 1:35-4:55-
9:55
WWE Night of Champions - 2013 (STC)
Sun 8

**Empire 7 Cinemas
111 Albert St. 3rd Floor
World Exchange Plaza**

Blue Jasmine (14A) Fri 6-8:50 Sat-Sun
12-3-6-8:50 Mon-Thu 6-8:50
Elysium (14A) Fri 6:10-9:10 Sat-Sun
12:30-3:30-6:10-9:10 Tue 6:10-9:10
The Family (14A) Fri 6:30-9:40 Sat-Sun
12:10-3:10-6:30-9:40 Mon-Thu 6:30-9:40
Insidious: Chapter 2 (14A) Fri 6:50-9:50
Sat-Sun 12:50-3:50-6:50-9:50 Mon-Thu
6:50-9:50
Lee Daniels' The Butler (14A) Fri 6-9
Sat-Sun 12-3-6-9 Mon-Thu 6-9
Riddick (14A) Fri 6:30-9:30 Sat-Sun
12:10-3:10-6:30-9:30 Mon-Thu 6:30-9:30
The World's End (14A) Fri 6:20-9:20
Sat-Sun 12:20-3:20-6:20-9:20 Mon-Thu
6:20-9:20

**Mayfair Theatre
1074 Bank St.**

We're the Millers (14A) Fri-Sat 7-9
Sun-Thu 7

**Rainbow Cinemas
St. Laurent Centre
1200 St. Laurent Blvd.**

Getaway (PG) Fri-Thu 7:10-9:15
Grown Ups 2 (PG) Fri-Thu 1:20-8:55
The Heat (14A) Fri-Thu 10:30-1:10-4-
6:40-9:10
The Lone Ranger (PG) Fri-Thu 12:05-7:30
Monsters University (G) Fri-Thu 10:10-

12:25-2:40-4:55
Now You See Me (PG) Fri-Thu 9:55-7
Paranoia (PG) Fri-Thu 9:20
Red 2 (PG) Fri-Thu 10:40-3:50-6:30
The Smurfs 2 (G) Fri-Thu 12:15-2:30-4:45
Turbo (G) Fri-Thu 10-3:05-5:10

**South Keys
2214 Bank St.**

Blue Jasmine (14A) Fri-Thu 11:40-2:10-
4:30-7:05-9:25 Despicable Me 2 (G)
Fri-Thu 10:30-12:45-3-5:15-7:35-9:50
Ekstra (PG) Fri-Thu 11-1:35-4:10-6:50-
9:35 Elysium (14A) Fri-Mon 11:20-
1:50-4:25-7-9:40 Tue 5-7-9:40 Wed-Thu
11:20-1:50-4:25-7-9:40
The Family (14A) Fri-Thu 11:25-2:05-
4:45-7:20-9:55
Insidious: Chapter 2 (14A) Fri-Thu 11:45-
2:20-4:55-7:30-10
One Direction: This Is Us - Extended Fan
Cut (STC) Fri-Thu 10:55-1:30
One Direction: This Is Us 3D - Extended
Fan Cut (STC) Fri-Thu 4:05-6:45-9:20
Percy Jackson: Sea of Monsters 3D (PG)
Fri-Tue 3:35-8:45 Wed 3:35-10 Thu
3:35-8:45
Planes (G) Fri-Thu 11:30-1:45
Planes 3D (STC) Fri-Thu 4:20-6:40-9
Riddick (14A) Fri-Thu 10:40-1:25-4:15-
7:10-9:55
The School of Rock (PG) Sat 11
The Smurfs 2 (G) Fri-Thu 10:45-1:10
The Smurfs 2 3D (G) Fri-Tue 6:10 Thu
6:10
Swan Lake Mariinsky Live 3D (STC)
Wed 7
We're the Millers (14A) Fri 10:50-1:20-4-
6:55-9:30 Sat 1:20-4-6:55-9:30 Sun-Thu
10:50-1:20-4-6:55-9:30
The World's End (14A) Fri-Thu 11:15-
1:55-4:35-7:15-9:45

**Cinéma des
Galleries d'Aylmer
400 boul. Wilfrid-Lavigne**

Avant minuit, tout est possible (G) Fri 1
Wed 7
Les avions (G) Fri-Sun 3:10 Tue 3:10
The Conjuring (13+) Fri-Sun 9:10 Tue-
Thu 9:10
Iron Man 3 (G) Fri-Sun 1:20-7:20 Mon
7:20 Tue 1:20-7:20 Wed-Thu 7:20
Planes (G) Fri 6:50 Sat-Sun 12:50-6:50
Mon 6:50 Tue 12:50-6:50 Thu 6:50
Riddick (13+) Fri-Sun 1-3:30-7-9:30 Mon
7 Tue 1-3:30-7-9:30 Wed-Thu 7-9:30
The Way Way Back (G) Fri-Sun 1:10-3:20-
7:10-9:20 Mon 7:10 Tue 1:10-3:20-7:10-
9:20 Thu 7:10-9:20
The Wolverine (13+) Tue 12:50

**Ciné-starz
1100 boul. Maloney Ouest**

Détestable moi 2 (G) Fri-Sun 12-1:45-
3:30-5:45-7:30 Mon-Thu 12-3:40-5:25
Elysium (13+) Fri-Sun 5:40-7:35-9:30
Mon-Thu 1:45-7:10-9:05
Grandes personnes 2 (G) Fri-Sun 12-1:50-
3:40-7:15-9:05 Mon-Thu 12-1:50-3:40-
5:30-7:20-9:10
L'Université des Monstres (G) Fri-Sun
12-1:55 Mon-Thu 12-3:50-5:45
Quitte ou double (13+) Fri-Sun 9:15 Mon-
Thu 1:55-7:40-9:35
Turbo (G) Fri-Sun 12-1:45-3:55-5:30
Le Wolverine (13+) Fri-Sun 3:30-5:15-
7:30-9:45 Mon-Thu 12-2:15-4:30-6:45-9

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Drive-In
1779 boul. Maloney Est**

La cité des ténébres: La coupe mortelle
(13+) Fri-Sat
Getaway (G) Fri-Sat
Lac Mystère (13+) Fri-Sat
No Films Showing Today (STC) Sun-Thu
We're the Millers (13+) Fri-Sat

**Gatineau 9
120 boul. de l'Hôpital**
Adore (G) Fri 7:10 Sat-Sun 2:15-7:10 Mon
7:10 Tue 2:15-7:10 Wed-Thu 7:10
Insidieux Chapitre 2 (13+) Fri 7:20-9:50
Sat-Sun 1:20-4-7:20-9:50 Mon 7:20-9:50

Tue 1:20-4-7:20-9:50 Wed-Thu 7:20-9:50
Jasmine French (G) Fri-Mon 7:25-9:40
Tue 12:40-3:10-7:25-9:40 Wed-Thu
7:25-9:40
Louis Cyr: L'homme le plus fort du
monde (G) Fri 6:30-9:10 Sat-Sun 12:30-
3:15-6:30-9:10 Mon 6:30-9:10 Tue 12:30-
3:15-6:30-9:10 Wed-Thu 6:30-9:10
La Maison du pêcheur (G) Fri 7-9:15
Sat-Sun 1-3:05-7-9:15 Mon 7-9:15 Tue
1-3:05-7-9:15 Wed-Thu 7-9:15
Nous sommes les Miller (13+) Fri 7:05-
9:35 Sat-Sun 1:15-3:45-7:05-9:35 Mon
7:05-9:35 Tue 1:15-3:45-7:05-9:35 Wed-
Thu 7:05-9:35
One Direction: Nous voici 3D (G) Fri-Thu
9:25 Percy Jackson: la mer des monstres
3D (G) Fri 6:45-9:20 Sat-Sun 12:50-3:35-
6:45-9:20 Mon 6:45-9:20 Tue 12:50-3:35-
6:45-9:20 Wed-Thu 6:45-9:20
Riddick (13+) Fri 6:50-9:30 Sat-Sun 12:45-
3:25-6:50-9:30 Mon 6:50-9:30 Tue 12:45-
3:25-6:50-9:30 Wed-Thu 6:50-9:30
Les Schtroumpfs 2 (G) Sat-Sun 12:40
Les Schtroumpfs 2 3D (G) Sat-Sun 3:10

**StarCité Hull
115 boul. du Plateau**

Les avions (G) Fri 12:30-2:50 Sat 11-12:30-
2:50 Sun 12:30-2:50 Tue 12:30-2:50
Les avions 3D (G) Fri-Sun 5:10-7:30-9:50
Mon 7:30-9:50 Tue 5:10-7:30-9:50 Wed-
Thu 7:30-9:50
Blue Jasmine (G) Fri-Sun 12:45-3:10-5:35-
8-10:25 Mon 7:25-9:50 Tue 12:45-3:10-
5:35-8-10:25 Wed-Thu 7:25-9:50 Star &
Strollers Screening Thu 1:30
Elysium (13+) Fri-Sun 12:25-2:50-5:15-
7:50-10:25 Mon 7:40-10:15 Tue 12:25-
2:50-5:15-7:50-10:25 Wed-Thu 7:40-10:15
The Family (STC) Fri-Sun 12:20-2:55-
5:30-8:05-10:40 Mon 7:25-10 Tue 12:20-
2:55-5:30-8:05-10:40 Wed-Thu 7:25-10
Insidieux Chapitre 2 (13+) Fri-Sun 12:15-
2:45-5:15-7:45-10:15 Mon 7:35-10:05 Tue
12:15-2:45-5:15-7:45-10:15 Wed-Thu
7:35-10:05
Insidious: Chapter 2 (13+) Fri-Sun 12:30-
3-5:30-8-10:35 Mon 7:45-10:15 Tue 12:30-
3-5:30-8-10:35 Wed-Thu 7:45-10:15
Jappeloup: L'étoffe d'un champion (G)
Fri-Sun 1-4:15-7:20-10:15 Mon 7:15-
10:05 Tue 1-4:15-7:20-10:15 Wed-Thu
7:15-10:05
Lee Daniels' The Butler (G) Fri-Sun
1:25-4:20-7:15-10:10 Mon 7:10-10 Tue
1:25-4:20-7:15-10:10 Wed-Thu 7:10-10
Louis Cyr: L'homme le plus fort du
monde (G) Fri-Sun 1:10-4:05-7:05-10
Mon 7:05-10 Tue 1:10-4:05-7:05-10 Wed-
Thu 7:05-10 Thu 1
The Mortal Instruments: City of Bones
(13+) Fri-Sun 1:30-4:25-7:20-10:15 Mon
7:15-10:05 Tue 1:30-4:25-7:20-10:15 Wed
10:05 Thu 7:15-10:05
One Direction: Nous voici (G) Fri-Sun
12:30 Tue 12:30
One Direction: Nous voici 3D (G) Fri-Sun
2:55-5:20-7:40-10:05 Mon 7:40-10:05 Tue
2:55-5:20-7:40-10:05 Wed-Thu 7:40-10:05
Percy Jackson: Sea of Monsters (G) Fri
12:20-2:55-5:20-7:55-10:30 Sat 11-12:20-
2:55-5:20-7:55-10:30 Sun 12:20-2:55-5:20-
7:55-10:30 Mon 7:20-9:45 Tue 12:20-2:55-
5:20-7:55-10:30 Wed-Thu 7:20-9:45
Le Petit Nicolas (STC) Sat 11
Riddick (13+) Fri 2-4:50-7:40-10:25 Sat
11:15-2-4:50-7:40-10:25 Sun 2-4:50-7:40-
10:25 Mon 7:30-10:10 Tue 2-4:50-7:40-
10:25 Wed-Thu 7:30-10:10 Fri-Sun
1:10-4-7:10-9:55 Mon 7:10-9:55 Tue
1:10-4-7:10-9:55 Wed-Thu 7:10-9:55
The School of Rock (G) Sat 11
Les Schtroumpfs 2 (G) Fri-Sun 12:30
Tue 12:30
Les Schtroumpfs 2 3D (G) Fri-Sun 3-5:30-
8-10:20 Mon 7:25-9:50 Tue 3-5:30-8-10:20
Wed-Thu 7:25-9:50
We're the Millers (13+) Fri-Sun 12:25-
2:55-5:20-7:55-10:30 Mon 7:35-10:10 Tue
12:25-2:55-5:20-7:55-10:30 Wed-Thu
7:35-10:10

**Barrhaven Cinemas
131 Riocan Dr.**

The Family (14A) Fri 7:30-10:10 Sat 11:30-
2:10-4:50-7:30-10:10 Sun 2:10-4:50-7:30-
10:10 Mon-Thu 4:40-7:20 Star & Strollers
Screening Thu 1
Insidious: Chapter 2 (14A) Fri 7:40-10:15
Sat-Sun 11:55-2:30-5:05-7:40-10:15 Mon-
Thu 5-7:40
Lee Daniels' The Butler (14A) Fri
6:45-9:45 Sat-Sun 12:45-3:45-6:45-9:45
Mon-Thu 4:30-7:30 Star & Strollers
Screening Thu 1
One Direction: This Is Us - Extended Fan
Cut (STC) Sat 11:40-2:05 Sun 2:05
One Direction: This Is Us 3D - Extended
Fan Cut (STC) Fri 7:20-9:50 Sat-Sun 4:40-
7:20-9:50 Mon-Thu 4:55-7:25
Planes (G) Sat-Sun 12-2:15
Planes 3D (STC) Fri 6:50-9:05 Sat-Sun
4:30-6:50-9:05 Mon-Thu 4:50-7:10
Riddick (14A) Fri 7:10-10 Sat-Sun 1:30-
4:20-7:10-10 Mon-Thu 4:45-7:35
The School of Rock (PG) Sat 11
We're the Millers (14A) Fri 7-9:40 Sat-Sun
1:40-4:10-7-9:40 Mon-Thu 5:15-7:45
**SilverCity, 2385
City Park Dr.**
2 Guns (14A) Fri 1:35-4:35-7:35-10:05 Sat
4:35-7:35-10:05 Sun 1:35-4:35-10:05 Mon-
Thu 1:35-4:35-7:35-10:05
Becoming Traviata (G) Sat 12:55
Blue Jasmine (14A) Fri-Tue 1-3:20-5:50-
8:10-10:30 Wed 3:20-5:50-8:10-10:30 Thu
1-3:20-5:50-8:10-10:30 Star & Strollers
Screening Wed 1
Closed Circuit (14A) Fri-Thu 10:05
Despicable Me 2 (G) Fri-Sun 12:35 Mon 3
Tue 12:35 Wed-Thu 3
Despicable Me 2 3D (G) Fri-Sun 3-5:30-8-
10:25 Mon 5:30-8-10:25 Tue 3-5:30-8-
10:25 Wed-Thu 5:30-8-10:25
Elysium (14A) Fri-Thu 1:10-4:05-7-9:55
The Family (14A) Fri-Sun 12:30-3:05-
5:40-8:20-10:55 Mon 3:05-5:40-8:20-10:55
Tue 12:30-3:05-5:40-8:20-10:55 Wed-Thu

3:05-5:40-8:20-10:55
Insidious: Chapter 2 (14A) Fri-Sun 12:25-
3-5:35-8:05-10:45 Mon 3-5:35-8:05-10:45
Tue 12:25-3-5:35-8:05-10:45 Wed-Thu
3-5:35-8:05-10:45
It's a Mad, Mad, Mad, Mad World (STC)
Mon 6:30 Lee Daniels' The Butler (14A)
Fri-Thu 1-4:10-7:15-10:20
The Mortal Instruments: City of Bones
(PG) Fri-Sun 1:30-4:30-7:30-10:40 Mon
3:30-10:40 Tue 1:30-4:30-7:30-10:40 Wed
3:55-10:40 Thu 1:30-4:30-7:30-10:40 Star
& Strollers Screening Wed 1
Nothing Left to Fear (STC) Thu 7:30
One Direction: This Is Us - Extended Fan
Cut (STC) Fri-Sun 12:25 Mon 2:55 Tue
12:25 Wed-Thu 2:55
One Direction: This Is Us 3D - Extended
Fan Cut (STC) Fri-Sun 2:55-5:25-7:55-
10:25 Mon 5:25-7:55-10:25 Tue 2:55-5:25-
7:55-10:25 Wed-Thu 5:25-7:55-10:25
Percy Jackson: Sea of Monsters (PG) Fri-
Sun 12:40 Mon 3:15 Tue 12:40 Wed-Thu
3:15 Percy Jackson: Sea of Monsters 3D
(PG) Fri-Sun 3:15-5:45-8:15-10:50 Mon
5:45-8:15-10:50 Tue 3:15-5:45-8:15-10:50
Wed 10:50 Thu 5:45-8:15-10:50
Planes (G) Fri 12:25 Sat 11:10-12:25 Sun
12:25 Mon 2:45 Tue 12:25 Wed-Thu 2:45
Planes 3D (STC) Fri-Sun 2:45-5:15-7:45
Mon 5:15-7:45 Tue 2:45-5:15-7:45 Wed-
Thu 5:15-7:45
Riddick (14A) Fri-Thu 1:05-3:55-6:55-9:50
Riddick: The IMAX Experience (14A) Fri
1:40-4:40-7:40-10:35 Sat 10:55-1:40-4:40-
7:40-10:35 Sun-Tue 1:40-4:40-7:40-10:35
Wed 7:40-10:35 Thu 1:40-4:40-7:40-10:35
The School of Rock (PG) Sat 11
Swan Lake Mariinsky Live 3D (STC)
Wed 7
We're the Millers (14A) Fri-Thu 1:15-4:20-
7:20-10:10
The Wolverine (PG) Fri-Thu 1:25-4:25-
7:25-10:15
The World's End (14A) Fri-Sat 1:20-4:15-

7:05-10 Sun 1:20-4:15-7:05 Mon-Wed
1:20-4:15-7:05-10 Thu 1:20-4:15-10
WWE Night of Champions - 2013 (STC)
Sun 8

**Empire Theatres Orleans
6 Cinemas
3752 Innes Rd.**

Elysium (14A) , Fri 3:40-6:20-9:10 , Sat-
Sun 12:50-3:40-6:20-9:10 , Mon 6:20-9:20
 , Tue 12:50-3:40-6:20-9:10 , Wed-Thu
6:20-9:20
The Family (14A) , Fri 4-6:40-9:30 , Sat-
Sun 1-4-6:40-9:30 , Mon 6:15-9:10 , Tue
1-4-6:40-9:30 , Wed-Thu 6:15-9:10
Insidious: Chapter 2 (14A) , Fri 4:30-
7:15-10 , Sat-Sun 1:30-4:30-7:15-10 , Mon
7-9:45 , Tue 1:30-4:30-7:15-10 , Wed-Thu
7-9:45 Lee Daniels' The Butler (14A) , Fri
3:50-6:50-9:50 , Sat-Sun 12:35-3:50-6:50-
9:50 , Mon 6-9 , Tue 12:35-3:50-6:50-9:50
 , Wed-Thu 6-9
The Mortal Instruments: City of Bones
(PG) , Fri 4:10-8 , Sat-Sun 1:10-4:10-8 ,
Mon 8 , Tue 1:10-4:10-8 , Wed-Thu 8
One Direction: This Is Us - Extended Fan
Cut (STC) , Fri-Sun 3:30-8:50 , Mon 9:40 ,
Tue 3:30-8:50 , Wed-Thu 9:40
One Direction: This Is Us 3D - Extended
Fan Cut (STC) Fri 6:10 Sat-Sun 12:40-6:10
Mon 6:40 Tue 12:40-6:10 Wed-Thu 6:40
Planes (G) , Fri 4:20 , Sat-Sun 1:20-4:20 ,
Tue 1:20-4:20
Riddick (14A) , Fri 3:45-6-6:45-9-9:45 ,
Sat-Sun 12:30-2-3:45-6-6:45-9-9:45 , Mon
6:30-7:30-9:30 , Tue 12:30-3:45-6-6:45-9-
9:45 , Wed-Thu 6:30-7:30-9:30
This Is the End (18A) , Fri-Sun 7-9:40 ,
Mon 6:50-9:35 , Tue 7-9:40 , Wed-Thu
6:50-9:35
We're the Millers (14A) , Fri 3:35-6:30-9:15
 , Sat-Sun 12:45-3:35-6:30-9:15 , Mon 6:10-
8:50 , Tue 12:45-3:35-6:30-9:15 , Wed-Thu
6:10-8:50

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INSIDIOUS CHAPTER 2

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SOUND CHECK
Alan Cross
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It's an all-Canadian affair today with a mix of vets and newcomers.

Reservoir / Pup

This new Toronto four-piece is being noticed by websites around the planet. This is honest, unvarnished rock 'n' roll, complete with blemishes. Acquaint yourself now.



King of Copenhagen / The Mahones

They've been on their Angels & Devils album for more than a year now. Their latest video was pasted together from nothing but fan-shot footage. Well done!



Arrows of Desire / Matthew Good

Matt's new album is a back-to-basics affair, inspired in part by his favourite Pixies and Husker Du records. Arrows of Desire will be out Sept. 24.



What do Modern Vampires listen to?

Chief songwriters speak. Ezra Koenig and Rostam Batmanglij tell Metro what songs and bands influenced them greatly on their journey to stardom

PAT HEALY
Metro World News in NYC

As Vampire Weekend prepared to go on the road for another set of dates, main men Ezra Koenig and Rostam Batmanglij were right where they belonged earlier this week — helping as guest editors to our Metro papers in New York, Boston and Philadelphia.

Throughout two hour-long discussions with VW's chief songwriters, music obviously comes up a lot.

The references Koenig and Batmanglij throw around are often surprising. The title of their new album comes from the song One Blood by reggae artist Junior Reid. Here is a sampling of a few of the other artists the pair discussed.



Vampire Weekend Chris Tomson, left, Chris Baio, Rostam Batmanglij and Ezra Koenig. CONTRIBUTED

Koenig

"Kanye is probably the greatest artist of our generation, and he's always talking about how he doesn't give a f—, but he's also always talking about how he does give a f—. It's two sides of the same coin. I would love to eventually get to a place where I could be so relaxed and be like, 'As long

as we think it's good, nothing in the world matters.' But that's not exactly what this whole world of music that we participate in is about."

Batmanglij

"Ezra was kind of inspired by some things, one of them being this song Step to My Girl by Souls of Mischief, which

you should check out. ... They were a West Coast rap group. I think they made that song when they were 15. It's kind of like a lost song."

Koenig

"If you grew up obsessing about pop music and idolizing people like The Clash or Radiohead or Prince, who

were able to have long careers in which they changed a lot, part of that is because in addition to following their own visions, they were also able to create things that mattered to people. I think that it's really cool that The Clash came out and made this early punk album that had all this energy and got people talking, and then six or seven years later they made this dancey hip-hop song about the Middle East that was like, a huge hit."

Batmanglij

"The Walkmen should be bigger, they are a great band. But I think there's a lot of people that feel the way we do."

Koenig

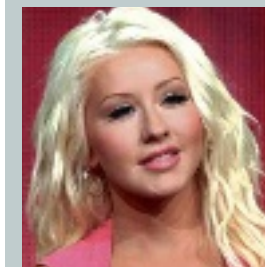
"I went on a drive last week and I was listening to the ASAP Ferg album. I thought there were some really great songs on it. I liked his vibe and I think it's a well-crafted album. And then I saw it debuted in the top 10, and it's his first album and I was like, 'Well, that seems about right.' That's cool that people are excited about that."

Rwanda

Aguilera's African aid trip bettered her

Christina Aguilera says that although she went to Rwanda to help others, she ended up helping herself. The 32-year-old singer visited Rwanda in June for a hunger relief effort. She said the experience helped her ground herself. "It came at a time in my life when I really needed to be far removed from anything to do with work or being on camera," the Grammy winner said in a recent interview. "It came at a time in my life when I needed to experience what's going on with the world beyond entertainment."

THE ASSOCIATED PRESS



Christina Aguilera. GETTY IMAGES

WHO SAYS OTTAWA'S BORING?

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Candid Kendra glad to be back On Top

Season 2. Former playboy bunny can't wait for viewers to experience her life outside of marriage and motherhood

ANISA ARSENAULT
Metro World News in NYC

You identified with her Olive Garden obsession in *The Girls Next Door*. You did her *On Demand* ab workouts. You were there every step of the way as she planned her wedding in Kendra. Kendra Wilkinson-Baskett has dominated reality television since 2005. And she's still got more to give. *Kendra On Top* will return for season two this weekend.

The move from the show *Kendra on E!* to *Kendra On Top* on WETV gave Wilkinson-Baskett the chance to rebrand herself. "Our goal was to reintroduce Kendra again, in a different light," she says. "Sea-

son one was about finding a career, being a parent, being a wife — kind of reintroducing me under another network, and reminding people who I am." But season two will dive right in.

"My audience understands where I'm at now; we're pretty much up to date with everything," Wilkinson-Baskett says. "This season is not about me being a parent or about me being married. It's about being a human being, the struggles of what that means, and how I get through it." According to Wilkinson-Baskett, those struggles are real. "This is the most organic show you can get," she says. "Sure, we have creative little tie-ins. But the overall story is 100 per cent my life."

Why such a strong commitment to the reality of reality TV? "I find it very therapeutic to be able to tell my story, and not hide it," she says. "We've been shooting season two of *Kendra On Top* for about a year now. There's a lot that goes on in a



Kendra Wilkinson-Baskett returns to reality TV. GETTY IMAGES

For real real

"This is the most organic show you can get."

Kendra Wilkinson-Baskett
On the new season of *Kendra On Top*.

year. Everybody goes through spurts. There are some people who hide those spurts and blow up later. But I'm an open book."

What are some of those "spurts" for Kendra? As husband Hank Baskett develops his career at his gym Athletic Gaines, tensions run high. "There's an episode where you'll get a chance to see what happens when his business mixes with my business, and it ends up not being such a great thing," she says. "It ends up being a complete disaster. You'll get a chance to see how we get through it, together."

Despite their professional differences, Wilkinson-Baskett remains supportive of her hubby's career. "The gym is really the most amazing place ever," she says.

Better Call Saul



Bob Odenkirk a.k.a Saul Goodman. CONTRIBUTED

Breaking Bad spinoff will be all about Saul

Breaking Bad fans will be ecstatic to learn that there is a new chapter in the show after it ends: Saul Goodman is getting his own spinoff series, tentatively called *Better Call Saul*. Television's funniest, slimiest fictional lawyer, Saul Goodman is returning to AMC with a one hour show that acts as a prequel to *Breaking Bad*. Bob Odenkirk, also of *Adult Swim* fame, will reprise his role as Saul. **METRO**

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Liam Hemsworth and Miley Cyrus. ALL PHOTOS GETTY IMAGES

Cheating in the U.S.A.? Has Hemsworth got hands in January's cookie jar?

Rumours about Liam Hemsworth stepping out on fiancée Miley Cyrus are resurfacing after the Hunger Games star reportedly sent a rather forward text message to January Jones, according to *Us Weekly*. "I want to f— you," Hemsworth allegedly wrote to the *Mad Men* actress, with whom

he was reportedly spotted making out at an Oscars after-party earlier this year. Hemsworth's rep, however, insists it's all nonsense. "The story of Liam Hemsworth and January Jones is entirely fabricated by *US Weekly*. There is no truth whatsoever to this tabloid fiction," the rep says in a statement.

Cinematic source says Heigl, 'can cost you time every single day of shooting'



Katherine Heigl

According to several film and TV insiders, Katherine Heigl is too difficult and demanding to work with, telling the *Hollywood Reporter* that casting the former *Grey's Anatomy* actress is "not worth it." A source from her 2010 film *Life As We Know It* says, "She can cost you time every single day of shooting.

Wardrobe issues, not getting out of the trailer, questioning the script every single day." And a TV executive says Heigl's reputation kept her out of consideration for a role in a new series. "On many levels, she would have been perfect for the role, but all of us said, 'She's not worth it,'" the exec says.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

It seems Demi wants a man with Moore years under his belt

Demi Moore is reportedly dating billionaire restaurant mogul Peter Morton, the 66-year-old father of her

ex-boyfriend Harry Morton, according to *Grazia*. "Demi says that thanks to Peter, her toy-boy fascination could be over," a source says. "At 66, she never thought he'd be her type, but she really likes him." And apparently the same goes for her daughters. "The girls are glad Demi is dating someone older than herself for once," the source adds.

METRO



Does Cara light up Harry's world like nobody else?



Harry Styles

Harry Styles reportedly has a new lady in his life. The One Direction member has been dating Cara Delevingne "for around two weeks," according to *E!* Online. "Harry's been chasing Cara nonstop. He really likes her and has been saying that he wants to be exclusive with her," a source says. But right now, Cara is not sure what to do. "She's finding her feet right now. They are seeing each other though, casually, and are actually very cute together. He's really chasing her, but she's a really busy girl," the source says.

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I hate spell check!!!!



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If humans hadn't developed index fingers, do you think Mariah Carey would be able to sing?



@Joan_Rivers
The reports that Madonna is engaged to her 25-year-old boyfriend are false. She isn't marrying him, she's adopting him.

Liquid Assets

Super sipper



LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

Our Royal Mint will be releasing coins to celebrate the 75th anniversary of Clark Kent's alter ego, and it got me thinking about a style of wine that also has a reputation for being super.

Italy's super Tuscans were conceived back in the 1970s as a liquid rebellion against the Chianti region's archaic winemaking regulations. Some winemakers went rogue by growing and then blending local and global grape varieties.

While Italians initially turned their collective noses up at this sacrilege, they were a hit everywhere else. Soon they were commanding prices as high as Italy's best, which earned them the heroic nickname.

It isn't legally defined terminology, so any winery in Tuscan adding non-traditional grapes to their blend can claim super Tuscan status. That's made it easier to find a drinkable version that doesn't break the bank.

The 2008 Monte Antico Toscana IGT (\$15.95 to \$18.99) is primarily sangiovese with a small portion of both merlot and cabernet sauvignon. The result is a rich wine with deep plum and black cherry core that offers terrific value.

A classic with pizza, it's equally at home paired with most red meats.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.



Pile on the yum

Pulled Pork Lettuce Wraps with Mediterranean Pickles. A Cutthroat Kitchen-inspired dish

Cutthroat Kitchen hands four chefs \$25,000 and an opportunity to spend the money to either help themselves or sabotage their competitors. Ingredients are stolen, utensils destroyed and valuable time lost when these chefs compete. With host Alton Brown, nothing is out of bounds when money changes hands and viewers see just how far one chef will go for the winning dish.

Pulled Pork

1. Heat olive oil in pan over med-high heat. Season pork with salt and pepper, sear on all sides, approx. 15 minutes. Remove from pan and set aside.
2. Place carrot, celery, garlic, cinnamon, thyme, lemon and orange zest in same pan. Sauté over medium high-heat until golden, approx. 10 minutes. Deglaze with tomatoes and stir.
3. Place pork and tomato mix in pressure cooker. Cook on high pressure until pork is tender, approx. 80 minutes. Release pressure and remove pork. Place in a high-sided pan and shred meat.
4. Strain liquid. Cover pork with just enough liquid to keep moist. Set aside to cool.
5. Place remaining cooking liquid and vegetable mix in a food processor. Purée until smooth. Set aside.

Crispy Chorizo

1. Heat olive oil in a sauté pan over medium-high heat. Add chorizo and thyme; sauté until crispy, approx. 5 minutes. Set aside until assembly.



Cutthroat Kitchen airs Sundays at 10 p.m. ET/PT on Food Network Canada.
COURTESY FOODNETWORK.CA

Master Brine

1. Place ingredients in a large pot and bring to boil. Remove from heat and reserve.

Pickled Fennel

1. Bring Master Brine to boil.
2. In another pot, place fennel, orange zest, toasted mustard and fennel seeds. Pour enough boiling Master Brine to cover, weigh down with a heavy object to submerge fennel. Set aside to cool, approx. 1 hour.
3. Place orange juice in containers. Transfer fennel with Master Brine into containers with orange juice. Cover and refrigerate until assembly.

Pickled Carrot

1. Place all ingredients, except Master Brine in container. Pour enough boiling Master Brine just to cover ingredients.

Set aside to cool. Once cooled, place in fridge until assembly.

Pickled Shallots

1. Place shallots and salt in a bowl, toss and set aside 12 hours. Rinse and dry shallots. Place shallots in a bowl, mix with honey, lemon juice and chili. Set aside until assembly.

Green Olives

1. Heat olive oil in a sauté pan over med heat. Add olives and sauté until golden, 5 minutes. Add lemon zest and thyme leaves. Remove from heat and set aside in oil until assembly.

To Assemble

1. On lettuce, top generously with pork, chorizo, cold pickled fennel and carrots, pickled shallots and green olives.

COURTESY FOODNETWORK.CA

Ingredients

Pulled Pork

- 1/4 cup olive oil
- 1 4-5 lb pork shoulder, deboned and cut into 5 pieces
- salt and pepper
- 1 each carrot and stalk celery, roughly chopped
- 4 cloves garlic, smashed
- 1/2 cinnamon stick
- 3 sprigs thyme
- 1/2 zest each of 1/2 a lemon and orange
- 2 (796 ml) cans of whole tomatoes

Crispy Chorizo

- 1 tsp olive oil
- 2 chorizo sausages, diced
- 1 sprig thyme

Master Brine

- 1 litre white vinegar
- 1 1/2 l water
- 375 g sugar
- 250 g salt

Pickled Fennel

- 1 Master Brine
- 1 bulb fennel, core removed and julienned
- 1/2 zest and juice of 1/2 orange

- 1 1/2 each tsp toasted mustard seeds and fennel seeds

Pickled Carrot

- 2 carrots, peeled into ribbons
- 1 pinch saffron threads
- 1 sprig lemon thyme
- 1/2 zest of 1/2 lemon
- 1 tbsp honey
- Master Brine

Pickled Shallots

- 2 shallots, julienned
- 1 tsp salt
- 2 tsp honey
- 1/2 one lemon, juiced
- 1/2 finger chili, seeds removed and minced

Green Olives

- 1 tbsp olive oil
- 1/2 cup green olives, quartered
- 1/2 zest of 1/2 lemon
- 1 sprig thyme, leaves picked

Assembly

- 2 heads Boston lettuce, washed, dried and leaves picked

Forget-the-gluten choco chip cookies

1. Preheat your oven to 375 F. Turn on your convection fan if you have one.

2. For the gluten-free flour whisk together the flours and powders evenly distributing the finer powders amongst the

coarser ones. Use as needed and reserve the rest for other baking.

3. Bring the coconut oil to room temperature then mix with the sugar. Whisk in the applesauce and vanilla and set aside. In a separate bowl whisk together the flour mix, baking soda, baking powder and salt. Mix the wet and dry together. Gently fold in the chocolate chips. Drop by large spoonfuls on to a baking tray and press to flatten slightly. Bake until lightly brown and the whole



This recipe makes about 14 cookies. COURTESY FOODNETWORK.CA

house smells like cookies, 12-14 minutes. Let the cookies rest on the baking tray to cool just a bit before removing, about 2 minutes.

4. Cool completely and if you like layer with your favourite ice cream to make fun sandwiches.

COURTESY FOODNETWORK.CA

3
FREE

CELEBRATING THE FAMILY

CENTREPOINTE THEATRES MARKING 25 YEARS IN THE COMMUNITY

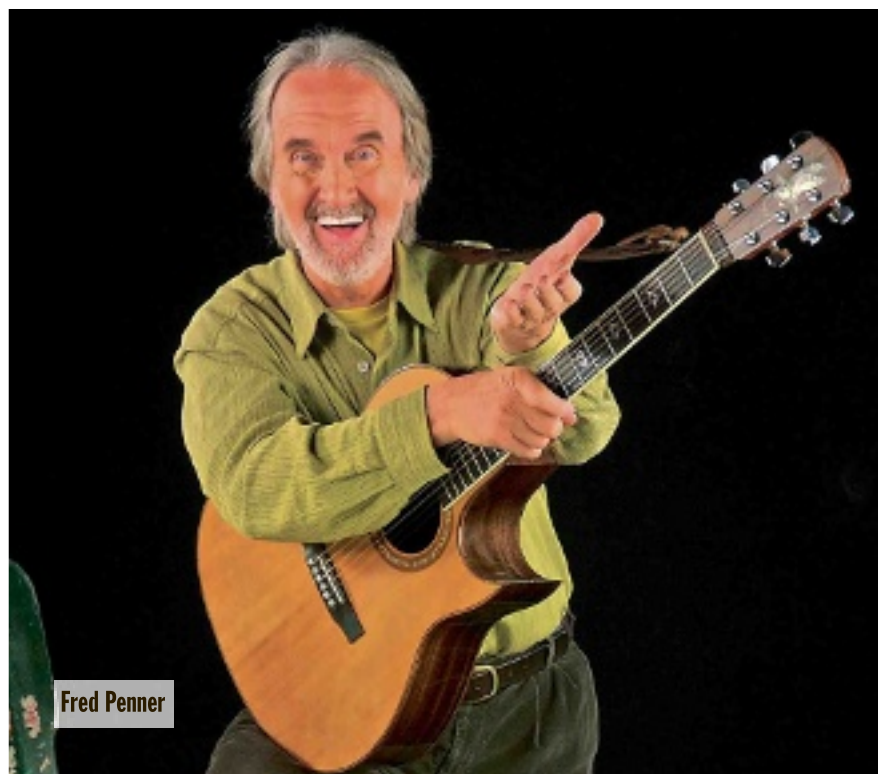
From Dora the Explorer to the Doodle-boops, Centrepointe Theatres has always been a place where kids can see their favourite characters come to life on stage. The municipal performing arts venue may be all grown up now, at the ripe old age of 25, but the theatres' artistic producer vows it will still be a place where kids and children at heart can enjoy quality family entertainment.

"We took a hard look at our numbers and listened to our patrons and we decided it was time to make family programming a real focus," says Allan Sansom, Centrepointe Theatres' artistic producer and manager.

Television sensations the Wild Kratts, Canadian children's entertainment legend Fred Penner, as well as shows based on famous children's books The Snail and the Whale and Pinkalicious are all coming to Centrepointe this season.

Great options for the family can be found in the music, variety and comedy series' as well. There is an illusionist who produces goldfish out of thin air, a comedy circus act from Montreal, and a musical group that fuses classical with hip hop.

"The shows are high quality and the



Fred Penner

CONTRIBUTED

pre- and post-show activities such as tea parties, autograph sessions and juggling workshops provide even more value to the consumer," says Sara-Lynne Levine,

editor and publisher of the Ottawa Capital Region Macaroni Kid website.

For more information, please visit centrepointetheatres.com.

DIFFERENT VIBE AND ENERGY

There is nothing kids love more than to dance, and soon four- to 10-year-olds will have the opportunity to bust a move in a club designed just for them.

This fall and spring, the Centrepointe Studio Theatre will become kick IT — a dance club for kids — one of several, regular, interactive and affordable events that have been added to the Centrepointe Theatres Presents 2013-14 season.

"Centrepointe Theatres has been a community hub for 25 years," says Allan Sansom, artistic producer and manager of the west-end facility. "We wanted to make sure that tradition continues by programming events that give families and seniors a chance to meet regularly and be



entertained without breaking the bank."

For between \$5 and \$12, patrons can enjoy a number of new events, including Game & Groove, an afternoon or evening of board games, music, food and fun.

"Each Game & Groove is being tailored to a different age group," says Stephane Gonthier of Dynamix Productions, an Ottawa DJ and event sponsor. "At one event, adults will feel like they are hanging out in a funky lounge, while another event aimed at teens and tweens will have a much different soundtrack and energy."



CONTRIBUTED PHOTOS

And that's not all. Ottawa's own Crush Improv will entertain audiences monthly with two rotating comedy shows called Spotlight On ... and Capital Crush. As well, there is a classical music series that serves up the work of great composers along with tea and treats. Together with the Centrepointe Theatres Presents big-name mainstage shows, Ottawans are sure to fill their entertainment calendars this season.

Dates and details on all the events can be found at centrepointetheatres.com.



CONTRIBUTED

SATIRICAL REVUE TACKLES THE WORKPLACE

What do you talk about while standing around the water cooler at work? Not telling?

Well, your secrets aren't safe anymore. A comedy troupe from New York is not only focusing a spotlight on those conversations — it's singing about it.

It's all happening in the first show of the Centrepointe Theatres Presents season. The municipal theatre, located in the city's west end, is featuring The Water Coolers on Oct. 18 at 8 p.m.

"This musical comedy revue is perfect for a city like Ottawa where there are so many people working in office cubicles from 9 to 5 every day," says Allan Sansom, the artistic producer and manager of Centrepointe Theatres. "It's like watching The Office set to music."

The Water Coolers was created in 2000 by Thomas Michael Allen, a management consultant and creator of the long-running New York hit Tony n' Tina's Wedding. The cast includes Broadway talent, with current company members' performing credits including Rock of Ages, The Drowsy Chaperone, Spamalot, Wicked, The Lion King, Mama Mia, Grease, and many more.

Hailed as "a breezy, satirical Dilbert-like musical revue that tickles the ears and funny bones" by The Associated Press, The Water Coolers celebrates, and skewers, work, life and balancing the two.

"Their performances are top notch and their observations are on the money," Sansom says.

For more information or tickets, visit centrepointetheatres.com or call the box office at 613-580-2700.

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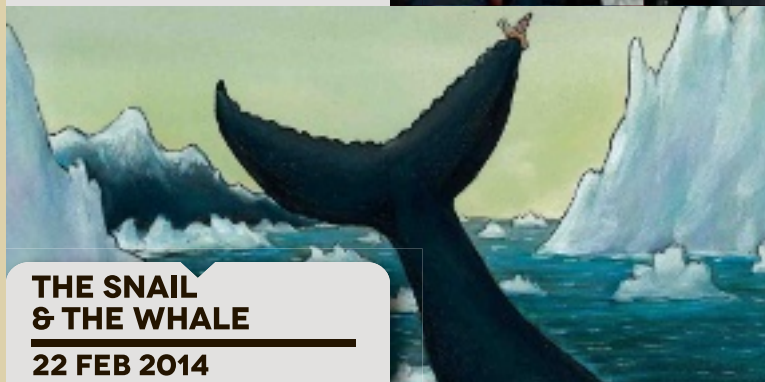
MUSIC



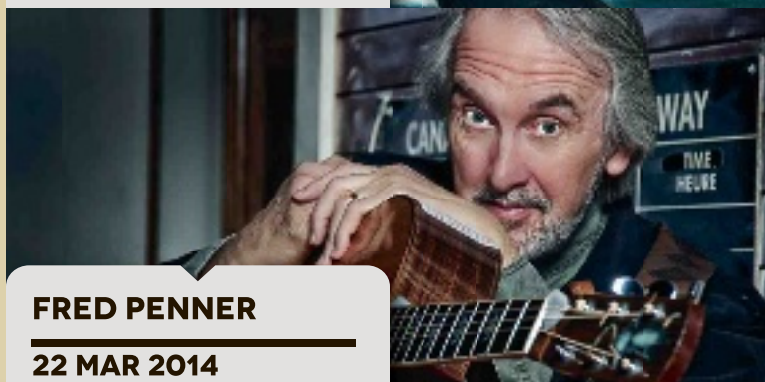
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BLACK VIOLIN
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WITH NAC CASUAL FRIDAYS

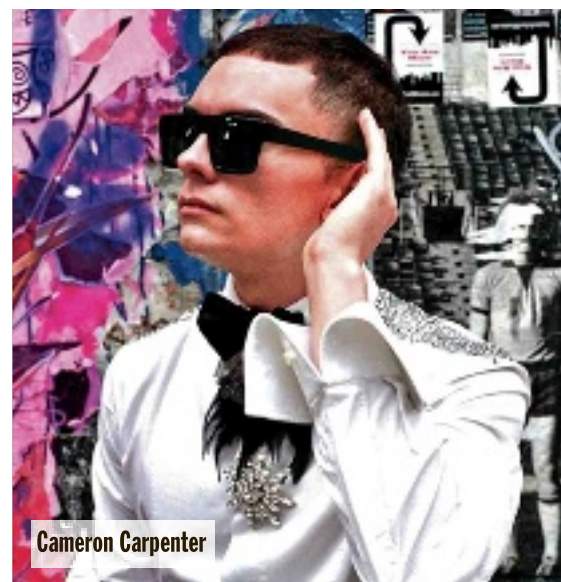
The National Arts Centre's new Casual Fridays series promises to start with a bang, given that organist Cameron Carpenter is the featured performer. Internationally recognized as a prodigious talent, Carpenter combines a deep respect for tradition with a relentless passion for innovation.

"He's a poster boy for post-modernism and inclusivity," says Andrea Hossack communications officer for the NAC orchestra. "He continually reinvents the classical repertoire by embracing all interpretations."

On Nov. 1, Carpenter will join conductor Alexander Shelley and the NAC Orchestra in performances of Berlioz's *Symphonie fantastique* and Carpenter's own *The Scandal*. The event is the first in the NAC's three-part Casual Fridays series — designed as relaxed, highly social evenings of entertainment. Patrons begin by mingling to the sounds of live jazz in the NAC lobby while sipping wine and nibbling on tapas. A full 90-minute performance in Southam Hall is immediately followed by a reception on the mezzanine with complementary coffee and tea, a cash bar, and visits from members of the NAC Orchestra.

"Our goal is to create a new way of experiencing classical music in a sexy, foodie environment," says Natalie Rumscheidt, senior marketing strategist for the NAC Orchestra. "Carpenter is ideal for Casual Fridays. He's a young, dynamic and engaging performer who connects well with both traditional and new audiences. It promises to be a remarkable evening."

The featured jazz musicians for Nov. 1 are Renee Yoxon and Mark Ferguson. The Casual Fridays series



Cameron Carpenter

MICHAEL HART PHOTO

continues in 2014 with events scheduled for March 7 and June 6.

The Casual Fridays evening starts at 5:45 p.m. with a glass of wine or other beverage and some tasty tapas prepared by the NAC's culinary team accompanied by the sounds of live jazz. The cost for the tapas is \$20 for a variety of delectable small plates. Tickets will be available in advance and in the lobby the night of the performance.

A 90-minute orchestral performance (without intermission) begins at 7 p.m. A post-concert reception on the mezzanine begins immediately afterwards, with complementary coffee and tea, and a cash bar. Mingle with fellow music lovers and members of the NAC Orchestra until 9:30 p.m.

CFL

Bombers moving west to make room for Ottawa

The CFL's board of governors has officially moved the Winnipeg Blue Bombers back to the West Division.

The league announced Thursday the Bombers will play in the West Division in 2014. They'll be replaced in the East Division by the expansion Ottawa Redblacks.

THE CANADIAN PRESS

MLB

Athletics create breathing room in AL West

Josh Reddick homered and had three RBIs, A.J. Griffin allowed just two hits in seven innings, and the A's beat the Minnesota Twins 8-2 Thursday afternoon to increase their division lead to 3 1/2 games over idle Texas in the American League West. THE ASSOCIATED PRESS

Locker-room tweets



"It's not for (post-ing): 'Here I am. I'm having a roast beef sandwich. I'm saying hello to my fans.' I mean, that's just ridiculous."

Vancouver Canucks coach John Tortorella wants his players to limit their Twitter use, but he won't impose an outright ban. Tortorella, a dog lover, has his own Twitter page, which he uses for fundraising causes related to canines.



Bobby Ryan participates in a skating drill on Thursday, the first day of on-ice activity at Senators training camp. SEAN KILPATRICK/THE CANADIAN PRESS

Bobby brings world of potential to Sens

NHL. New winger says himself, Spezza and Michalek could be 'very dangerous' together

In the back of his mind

"You hope it's done, but you're never out of the woods with a back injury."

Jason Spezza, who says he's going to have to work hard at keeping his back healthy even though he says he's at 100 per cent after last season's surgery.

From the moment Bobby Ryan was traded to Ottawa, fans of the Senators quickly started imagining how good he would look on a line beside Jason Spezza.

The pair skated alongside Milan Michalek on the first day of on-ice training and already the buzz is building as to what the trio could accomplish. Michalek has great speed, Spezza has great vision and Ryan can finish, the question will be

whether they can put all the pieces together.

"I think there's the makings of a very good line and a line that can contend with anybody," said Ryan. "We're all pretty crafty with the puck so if things click right away it could be a very dangerous line and you hope it does."

Ryan, 26, is a four-time thirty-goal scorer and offers Spezza a bona fide offensive right-winger for the first time

since Dany Heatley, who had back-to-back 50-goal seasons playing with Spezza.

Still, Spezza said it will take time to get used to each other.

"There's no real rhyme or reason why you have chemistry with a guy other than you just feel each other out, you learn where each other goes and it's not something that can really be forced either," said Spezza. "I think the more we play together, the more familiar we'll

get and we'll figure out if our games mesh well."

The 30-year-old Spezza played just five games last season before requiring back surgery for a herniated disc. He managed to return and play in three playoff games, but it was clear at the time that he was nowhere near fully recovered.

After the playoffs it was disclosed that Spezza had torn the meniscus in his knee late in his rehab process, so he also had his knee scoped over the summer.

"I'm definitely 100 per cent right now, I feel really good," said Spezza. "It was nice to have a full summer of training and hopefully I can reap the rewards of it." THE CANADIAN PRESS

4 SPORTS

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Eli Manning, No. 10, of the NFC's New York Giants greets his brother Peyton Manning, No. 18, of the AFC's Denver Broncos after the conclusion of the 2013 AFC-NFC Pro Bowl on Jan. 27, 2013 in Hawaii. KENT NISHIMURA/GETTY IMAGES

Manning bros hit Broadway Sunday

Brotherly love. Peyton and Eli maintain a close relationship throughout the bright lights of the NFL

Peyton Manning loves Eli's game, and not just because he's his little brother.

As a fellow NFL quarterback, he appreciates the way Eli has improved every year despite an ever-changing supporting cast, all while working under the bright glare of Broadway.

Oh, and those two Super Bowl rings are pretty sweet, too. Big brother has just one of those.

The siblings square off Sunday at MetLife Stadium, the third — and quite possibly last — time they'll face each other in the pros. Peyton came out on top in the first two, with his old team, the Indianapolis

Colts, beating the New York Giants in 2006 and '10.

Peyton, 37, sees Eli, 32, through the dual prism of blood and quarterback brotherhood, and he's thoroughly impressed by the view.

"Eli is a great player," Peyton said. "He's a consistent player. I think he's gotten better every year."

The Mannings talk twice a week on average — last season they played the same divisions in the NFC and AFC, so they shared notes on those common opponents.

"Usually we'll talk on Sunday or Monday after the previous game and then we'll kind of talk maybe Thursday or Friday kind of about the upcoming game," Peyton said. "We've always done that. We'll share."

Not this week. They both said there was no football dialogue leading up to Manning Bowl III, just the typical bantering among brothers. There's been enough chatter

from everyone else. Aside from the "first family of football" angle, this is the first game in NFL history pitting quarterbacks who threw for 400-plus yards the previous week.

Peyton threw for 462 yards and tied an NFL record with seven touchdown passes against Baltimore. Like Peyton, Eli also completed 27 of 42 throws, and he accumulated 450 yards at Dallas but had three interceptions to go with four TDs.

It seems as though everyone likes to compare the Mannings. Except the Mannings. They leave it to others to argue who's the superior quarterback, the better performer in the clutch, the leading pitchman, even.

They insist they don't have that typical sibling rivalry where they're always trying to one up each other.

"Eli and I end up being partners a lot in golf, to tell you the truth. We're close," Peyton said. **THE ASSOCIATED PRESS**

Get loud!

Seahawks fans look to roar into the record books

Some of the loudest NFL fans in the country are attempting to become the loudest in the world.

This Sunday, Seattle Seahawks fans will attempt to break the Guinness Book of World Records mark for loudest stadium, or officially "loudest crowd roar at a sports stadium," which was set in 2011 in Turkey at the Ali Sami Yen Sport Complex Turk Telekom Arena during a soccer match between Galatasaray SC and Fenerbahce.

The record is 131.76 decibels.

Seahawks fans are already known to be noisy, but on Sunday the game will be against the division rival San Francisco 49ers, the reigning NFC champs, and the stakes are already high for an early season game. The game is a sell out.

THE ASSOCIATED PRESS

Boxing

Promoter aims to break pay-per-view record for Sunday's fight

If Richard Schaefer looked a bit nervous standing near his fighters on a massive stage this week at the MGM Grand, he had good reason.

In a city of high rollers, on one of the biggest betting days of the year, the head of Golden Boy Promotions is taking the biggest gamble of all. He's got \$60 million on the line that Floyd Mayweather Jr. and Canelo Alvarez will not only deliver a great fight, but deliver at the box office too. He's betting the 152-pound matchup between two unbeaten fighters will be a blockbuster, perhaps the richest fight ever.

"My goal is to break the record," Schaefer said. "I think we will do two million homes, which will make it the single biggest pay-per-view in boxing."

If it is, it will be largely because Golden Boy is charging the single biggest price for a boxing match, a whopping \$74.95 if you want to watch in HD. **THE ASSOCIATED PRESS**

Davis Cup. Pospisil set to take on Djokovic in opening match

Vasek Pospisil knows his first career match against the world's best tennis player isn't going to be easy, so he's happy he'll be getting it over with early in Canada's Davis Cup semifinal tie against Serbia.

The 23-year-old from Vancouver will face the No. 1-ranked Novak Djokovic in Friday's opening singles match at the Kambank Arena.

With Pospisil also playing doubles, getting his toughest match out of the way gives him time to rest before teaming up with veteran Daniel Nestor on Saturday in doubles.

Djokovic only arrived Wednesday night after losing a gruelling four-set match to Rafael Nadal in the U.S. Open final on Monday. There was a concern that Djokovic may be rested Friday and saved for Sunday's much-anticipated match against top-ranked Canadian Milos Raonic.

Djokovic assured the large gathering of Serbian media Thursday he will be ready to go when the best-of-five tie kicks off Friday.

"It's not the first time that I have two days time to get



ready," said Djokovic. "It's obvious that I'm tired because I've had a long hard-court season and jetlag and time changes can play a factor to my adjusting to the conditions but I feel quite healthy and very much motivated and inspired to play for my country."

The 11th-ranked Raonic will play Janko Tipsarevic in the second match Friday.

Canada, which upset Spain and Italy in Vancouver to advance, has never played in the Davis Cup semifinals before.

THE ASSOCIATED PRESS

MLB

AMERICAN LEAGUE

EAST DIVISION

	W	L	Pct	GB
Boston	89	58	.605	—
Tampa Bay	78	66	.542	9½
New York	78	68	.534	10½
Baltimore	77	68	.531	11
Toronto	67	78	.462	21

CENTRAL DIVISION

	W	L	Pct	GB
Detroit	84	62	.575	—
Cleveland	77	68	.531	6½
Kansas City	77	69	.527	7
Minnesota	63	82	.434	20½
Chicago	58	87	.400	25½

WEST DIVISION

	W	L	Pct	GB
Oakland	85	61	.582	—
Texas	81	64	.559	3½
Los Angeles	69	76	.476	15½
Seattle	65	81	.445	20
Houston	50	96	.342	35

Thursday's results

Oakland 8 Minnesota 2
N.Y. Yankees at Baltimore, postponed
L.A. Angels at Toronto
Boston at Tampa Bay
Cleveland at Chicago White Sox

Wednesday's results

Kansas City 6 Cleveland 2
Pittsburgh 7 Texas 5
N.Y. Yankees 5 Baltimore 4
L.A. Angels 5 Toronto 4
Boston 7 Tampa Bay 3 (10)
Oakland 18 Minnesota 3
Detroit 1 Chicago White Sox 0
Houston 6 Seattle 1

Friday's games

All times Eastern
Cleveland (Salazar 1-2) at Chicago White Sox (Santiago 4-8), 2:10 p.m.
Baltimore (Hammel 7-8) at Toronto (Redmond 3-2), 7:07 p.m.
Kansas City (Chen 7-2) at Detroit (Verlander 12-11), 7:08 p.m.
N.Y. Yankees (Kuroda 11-10) at Boston (Lackey 9-12), 7:10 p.m.
Oakland (Straily 9-7) at Texas (Holland 9-8), 8:05 p.m.
Tampa Bay (Archer 8-7) at Minnesota (Correa 9-11), 8:10 p.m.
L.A. Angels (Vargas 8-6) at Houston (Oberholtzer 4-2), 8:10 p.m.

NATIONAL LEAGUE

EAST DIVISION

	W	L	Pct	GB
Atlanta	88	58	.603	—
Washington	77	69	.527	11
Philadelphia	67	78	.462	20½
New York	64	81	.441	23½
Miami	54	91	.372	33½

CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	85	60	.586	—
Pittsburgh	84	61	.579	1
Cincinnati	83	64	.565	3
Milwaukee	62	82	.431	22½
Chicago	62	83	.428	23

WEST DIVISION

	W	L	Pct	GB
Los Angeles	85	60	.586	—
Arizona	73	72	.503	12
San Diego	66	78	.458	18½
Colorado	67	80	.456	19
San Francisco	66	80	.452	19½

Thursday's results

Atlanta 6 Miami 1
Washington 7 N.Y. Mets 2
San Diego at Philadelphia, postponed
Chicago Cubs at Pittsburgh
Milwaukee at St. Louis
San Francisco at L.A. Dodgers
Wednesday, September 11
Cincinnati 6 Chicago Cubs 0
San Francisco 4 Colorado 3
Philadelphia 4 San Diego 2
Miami 5 Atlanta 2
Washington 3 N.Y. Mets 0
St. Louis 5 Milwaukee 1
Arizona 4 L.A. Dodgers 1

Friday's games

All times Eastern
Chicago Cubs (Arrieta 2-2) at Pittsburgh (Morton 7-4), 7:05 p.m.
Philadelphia (Kendrick 10-12) at Washington (Strasburg 7-9), 7:05 p.m.
Miami (Hand 0-0) at N.Y. Mets (Niese 6-7), 7:10 p.m.
San Diego (Kennedy 6-9) at Atlanta (Hale 0-0), 7:30 p.m.
Cincinnati (Latos 14-5) at Milwaukee (Lohse 9-9), 8:10 p.m.
Seattle (Iwakuma 12-6) at St. Louis (Wainwright 16-9), 8:15 p.m.
Colorado (Chatwood 7-4) at Arizona (McCarthy 4-9), 9:40 p.m.
San Francisco (Bumgarner 11-9) at L.A. Dodgers (Kershaw 14-8), 10:10 p.m.

CFL

EAST

	GP	W	L	T	PF	PA	Pt
Toronto	10	6	4	0	290	259	12
Hamilton	10	5	5	0	266	277	10
Montreal	10	4	6	0	245	285	8
Winnipeg	10	2	8	0	217	308	4

WEST

Saskatchewan	10	8	2	0	325	227	16
Calgary	10	8	2	0	320	246	16
B.C.	10	6	4	0	265	266	12
Edmonton	10	1	9	0	234	294	2

WEEK 12

Friday's game — All times Eastern

Hamilton at Calgary, 9 p.m.

Saturday's games

Winnipeg at Edmonton, 6:30 p.m.

Toronto at Saskatchewan, 9:30 p.m.

Sunday's game

Montreal at B.C., 4:30 p.m.

NFL

WEEK 2

Thursday's result

N.Y. Jets at New England

Sunday's games

Carolina at Buffalo, 1 p.m.

Dallas at Kansas City, 1 p.m.

San Diego at Philadelphia, 1 p.m.

Miami at Indianapolis, 1 p.m.

St. Louis at Atlanta, 1 p.m.

Washington at Green Bay, 1 p.m.

Cleveland at Baltimore, 1 p.m.

Tennessee at Houston, 1 p.m.

Minnesota at Chicago, 1 p.m.

Detroit at Arizona, 4:05 p.m.

New Orleans at Tampa Bay, 4:05 p.m.

Denver at N.Y. Giants, 4:25 p.m.

Jacksonville at Oakland, 4:25 p.m.

San Francisco at Seattle, 8:30 p.m.

Monday, September 16

Pittsburgh at Cincinnati, 8:40 p.m.

MLS

Wednesday's result

Chicago 1 Toronto 1

Friday's game

All times Eastern

Salt Lake at Seattle, 10 p.m.

Horoscopes

Aries

March 21 - April 20
One area of your life will grind to a halt and maybe even go into reverse today. You may not be happy about it but what can you do? Sometimes you just have to accept what occurs.

Taurus

April 21 - May 21
Life is not and never will be a level playing field — some people are good at things that others will never master. Once you accept that, you can just get on with your life.

Gemini

May 22 - June 21
You enjoy causing waves and something you say today will no doubt infuriate people who don't share your views. You need to remind them that their opinions, while valid, are not the be all and end all.

Cancer

June 22 - July 23
You cannot change the world, so don't waste time trying. What you can do though is change your own way of looking at the world. If your outlook is positive, your future will be positive too.

Leo

July 24 - Aug. 23
The winds of change are blowing at gale force and if you don't hold onto something, there is a chance you might get swept away. What is most stable in your life? Grasp it.

Virgo

Aug. 24 - Sept. 23
There are things going on behind the scenes that will change your world in major ways but that is no reason to worry. Looking back later in the year, you will realize how wonderful they were.

Libra

Sept. 24 - Oct. 23
Someone you don't get along with will make their usual fuss today and you should tell them that you've had enough of their dramatics. If they don't shut up then ship them out.

Scorpio

Oct. 24 - Nov. 22
It takes courage to choose a different path when the one you are on is so familiar but there is no other choice. If you don't change now, you could be stuck with the same old routine for years to come.

Sagittarius

Nov. 23 - Dec. 21
A plan you had high hopes for will have to be put on the back burner for a while. According to the planets, it needs more time to mature in your mind.

Capricorn

Dec. 22 - Jan. 20
Everything that happens in life is part of the grand design. Remember that and you won't go wrong. If you want to win at the game of life, you must let go and trust the universe.

Aquarius

Jan. 21 - Feb. 19
You may be sad that a friend is moving away but the space their departure leaves will be filled by someone else. Life is never static, nor are relationships. You may not like change but ultimately it is good.

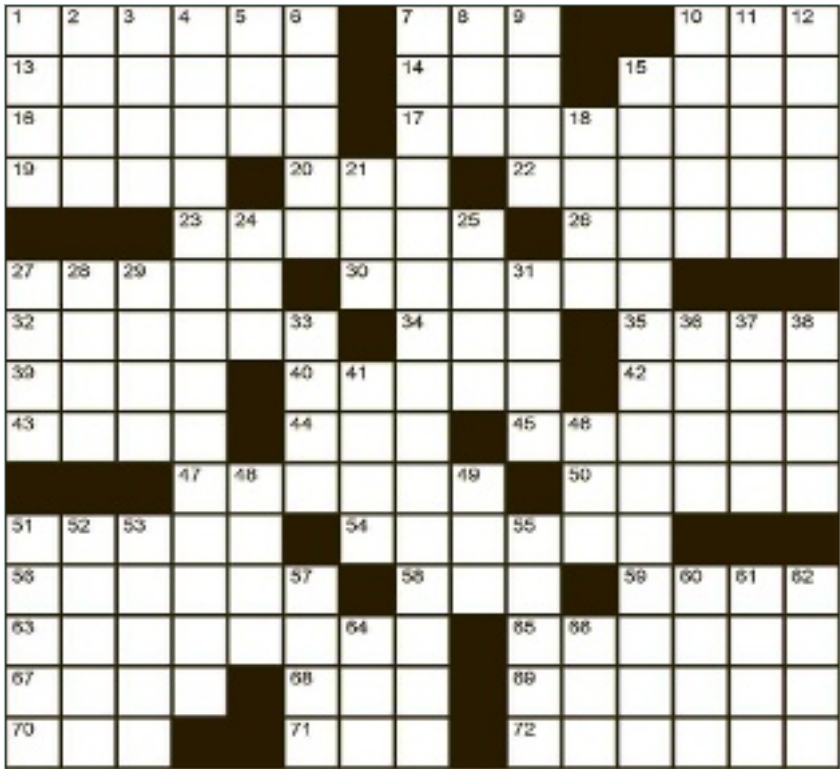
Pisces

Feb. 20 - March 20
You may be the sort who can bluff your way through most situations but the planets warn you have bitten off more than you can chew this time. A penalty of some kind will have to be paid before you can move on. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

- Infomercial's prompt to buy!: 2 wds.
- Coke or Pepsi
- Cause supporter, ___-thumper
- Opera tenor, Enrico ___ (b.1873 - d.1921)
- Ms. MacGraw
- Rubik's Cube inventor, ___ Rubik
- Furnace, for example
- Do a cleanse
- Bldg. planner
- Company name abbr.
- Travelled, bunny-style
- Truly
- Wants
- Cut-and-___
- Actor Mr. Grenier
- Edmonton's CFL players, to fans
- Texas city, with Antonio
- "Grey's Anatomy" star Ms. Ramirez
- "Dynamite" singer Mr. Cruz
- Christine of "Chicago Hope"
- Music key, ___
- Cable sports channel
- Hubbub
- Canadian rapper, D-___
- Celebrated
- Seal the deal, slang-style: 2 wds.



- Rage: 2 wds.
- Laura Branigan smash
- Draw out a response
- Tie-___
- Plant stem bump
- French author of 1759 book Candide
- Astronaut legend, Buzz ___
- '70s hit in Spanish: "___ Tu"
- And not
- Discontinued
- Set down
- "Okay."
- Bound-to-the-land persons of ancient Sparta **Down**
- Be sore
- City in Normandy in France where Canadians saw action in WWII
- Hamlet genre, for short
- Food label heading under which Calories, Fat, etc. are listed: 2 wds.
- 'Lact' suffix
- Tom Cochrane album: 'Mad Mad ___'
- '80s fashions features: 2 wds.
- Toreador's taunt
- Essential part
- Hogwash
- Hungry
- Surnamesakes of bartender Woody on "Cheers"

- It's been rocking The Senate in 2013 headlines: 2 wds.
- Eugene O'Neill's daughter
- Hot drink
- Social pages word
- "Shoot!"
- Rocker Mr. Wentz
- Botanist Mr. Gray's
- Bypass
- "Last one ___ a rotten egg!"
- Abrupt door closing
- Marie-Claire's friend
- Sitarist, ___ Shankar
- Song covered by Chantal Kreviazuk: "Leaving on ___ Plane"
- Work like ___ (Toil)
- 'Rocky' movies installment
- 1998 Sarah McLachlan hit
- Tofu base
- Countertops edging choice
- Gorge village of Southwestern Ontario
- Ms. Cyrus
- Toothbrush brand
- Minuscul
- About: 2 wds.
- Soft drink request
- Completes
- Caviar
- Tommy Jones link

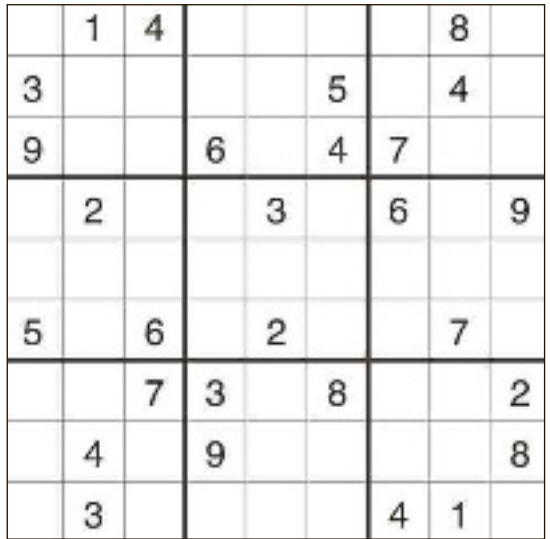
Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Today



14°/7°
Cloudy

Saturday



16°/8°
Sunny

Know what the weather
will be 14 days from now.
Check the 14 day trend.

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